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To	AFS Members		
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Subject	FREE STATE 2021 TRACK & FIELD CHAMPIONSHIPS-UPDATE		
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ELECTRONIC TRANSMISSION

Dear AFS Members.



Due to the Covid 19 Protocols, the AFS Track & Field Commission were forced to change the dates and format of the different FS T&F Championships.

The different Championships will take place as follows:

1. FS Under 16 (U16) and Under 18 (U18) athletes Saturday 13 March 2021.
2. FS Under 20 (U20) and Senior athletes Saturday 27 March 2021
3. FS Primary School athletes The date will be determined at a later stage when the ASA updated 2021 activity list is available.

Age categories:

Under-16 (U16) Men and Women: Any athlete of 14 or 15 years on 31st December in the year of the competition, born 2007 and 2006

Under-18 (U18) Men and Women: Any athlete of 16 or 17 years on 31st December in the year of the competition, born 2005 and 2004

Under-20 (U20) Men and Women: Any athlete of 18 or 19 years on 31st December in the year of the competition, born 2003 and 2002

Senior athleteS born, 2005 or earlier.

A few general Rules:

1. The final Championship Rules, Regulations and program will follow as soon as it is approved by the T&F Commission.
2. Athletes must compete in the FS Championship to be selected for the different Free State T&F Teams to the different ASA National Championships.
3. Athletes must compete in the ASA National Championships to be selected for the different National T&F Teams to the different World Athletics International Championships.
4. Only affiliated athletes (athletes with a permanent license) will be allowed to enter for the Championships.
5. Only affiliated coaches (coaches with a permanent license) will be allowed to enter the warm-up area only.
6. No spectators or coaches will be allowed in the competition area.
7. Only the South gate in At Horak Street will be used. Full Covid Protocols will be implemented.
8. Athletes must leave the competition area as soon as they finish their events.
9. Only pre-entries will be excepted.
10. Entry cost will be R60 per athlete.

Gerrit COETZER
GENERAL MANAGER