

Suite 21  
Private Bag x16  
Brandwag  
9324



Tel: 051-4303251

Fax: 086-2282062

E-mail: [admin@athleticsfs.co.za](mailto:admin@athleticsfs.co.za)

[www.athleticsfs.co.za](http://www.athleticsfs.co.za)

---

## ELECTRONIC TRANSMISSION

07 April 2021



### **2021 SA SENIOR TRACK AND FILED CHAMPIONSHIP: PRETORIA**

The selectors of Athletics Free State Track and Field Commission included you in the Free State Team to the SA Senior and Combined Events Championship in Pretoria at the Bestmed Tuks Athletics Stadium from Thursday 15 April 2021 to Saturday 17 April 2021.

All athletes entered for the 100m, 200m, 400m and 800m events must be available for the different Relay teams. The Team Management, with the assistance of the AFS Track & Field Commission will compile the Relay Teams at the Championship.

#### **IMPORTANT INFORMATION:**

Venue: Bestmed Tuks Athletic Stadium, Pretoria  
Dates: From Thursday, 15 April 2021 to Saturday, 17 April 2021

#### **COST:**

The cost to participate is R200.00 and it includes the entry fee for the Championships.

**Due to COVID protocols no transport or accommodation will be provided by Athletics Free State.**

#### **TEAM MANAGERS**

Team Manager: Low PRINSLOO: 084-500 0093  
Team Manager: Dirk VAN RENSBURG 083-255 1244

---

Board Members: President: Mr. Jantjie THELETSANE, Track and Field Chairperson: Mr. Kobus STEYN, Cross Country Chairperson: Mr. J.P. BOTHA, Road Running Chairperson: Me. Hilde DU PLESSIS, Additional Members: Me Elinda VORSTER, Me. Jurina IMMELMAN; Me Elizna PRETORIUS; Sello RAMOTSHABI.

## GENERAL INFORMATION

### 1. CLOTHING

The Free State Athletics attire must be worn during the championship and is obtainable from; San-Dre Embroidery CC Bloemfontein 051- 5229725 or susan@sandre.co.za. The attire must be made, please order well in advance.

### **NO ATTIRE WILL BE AVAILABLE AT THE AFS OFFICE.**

### 2. VICTORY CEREMONY

**Due to Covid-19, there will be no victory ceremony at the 2021 Championships. Medals will be packed according to the province and team managers can collect after each day.**

### 3. LETTER OF CONFIRMATION

This letter must be completed and sent back to the Athletics Free State office by e-mail before or on Monday, 12 April 2021 before 10:00.

### 4. ATHLETE BIBS

Athletes or coaches may fetch their athlete bibs (Competition numbers) from the team managers 2 hours before they participate at the Betsmed Tuks Athletics Stadium. Kindly contact them at the above-mentioned telephone numbers.

### 5. CHAMPIONSHIPS

The SA Championship is a close competition and only athletes with a valid SA ID may participate in the championship.

### 6. **Please take the following with:**

- a. Your medical information.**
- b. A certified copy of your ID.**
- c. Your 2020 Permanent License.**

## 7. IMPLEMENTS

Athletes may use their own implements provided these are checked before by the Technical Manager. Personal implements, with the owner's name on it, must be handed in at the Equipment Room not later than 3 hours before the official time of the event. No athlete will be permitted to take any implement into the arena. At the end of the event, athletes shall leave the field carrying their own implements. (If a record is broken, the implement must be assized again.)

## 8. ANTI-DOPING

The anti-doping control will be conducted on all days of the competition.

## 9. SPECTATORS

**Due to Covid-19 no spectators will be allowed inside the stadium.**

## 10. CALL OUT TIMES

Event	Call Room	Entry on the field
Field Events	60-minutes before the official starting time.	35-minutes before the starting time.
Pole Vault	80- minutes before the official starting time.	65-minutes before the starting time.
Track events	35-minutes before the official starting time.	10-minutes before the starting time.
Hurdles	35-minutes before the official starting time.	15-minutes before the starting time.

On behalf of Athletics Free State Track and Field, the executive and supporters, we wish you a successful SA Championship.

Athletics Greetings

**Kobus STEYN**  
**CHAIRPERSON AFS TRACK AND FIELD COMMISSION**

Telephone: 051-4303251

E-mail address: jurina@athleticsfs.co.za

**APRIL 2021**

**LETTER OF CONFIRMATION: 2021 SA SENIOR TRACK AND FIELD AND COMBINED EVENTS CHAMPIONSHIP**

**ALL** athletes must e-mail this form back before **12 APRIL 2021 at 10:00** or hand it in at Athletics Free State office.

I hereby confirm participation in the 2021 SA Senior Track and Field Championship in Pretoria with the following information:

**NAME AND SURNAME OF ATHLETE:** \_\_\_\_\_

**GENDER:** \_\_\_\_\_

**ATHLETE CELL NO:** \_\_\_\_\_

**ATHLETE ID NO:** \_\_\_\_\_

**ATHLETE DATE OF BIRTH:** \_\_\_\_\_

**ALTERNATIVE CONTACT NO OF ATHLETE:**

**NAME OF CONTACT:** \_\_\_\_\_

**TEL NO OF CONTACT:** \_\_\_\_\_

**2020 Licence No (Please bring it with you):** \_\_\_\_\_

**Unlicensed athlete may not participate at any National Championships.**

**CONFIRM PARTICIPATION IN THE FOLLOWING EVENTS:**

1. \_\_\_\_\_

2. \_\_\_\_\_

## ACCOMMODATION

Please indicate the address of your accommodation in Pretoria during the Championships.

Name of accommodation: \_\_\_\_\_

Address of accommodation: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

## COST:

The cost to participate is R200.00 and it includes the entry fee for the Championships.

The money is payable before **Wednesday 14 April 2021** at the Free State Athletics Office between 8:00 and 12:30.

## BANKING DETAILS:

Branch No: 110234

Cheque Account

Athletics Free State

Acc. No: 1102277533

Nedbank Bloemfontein

Name and school/club in the Reference field please

\_\_\_\_\_  
Signature of athlete

\_\_\_\_\_  
Date