



FREE STATE SUB-YOUTH AND YOUTH TRACK & FIELD CHAMPIONSHIP

13 March 2021

MANGAUNG ATHLETICS STADIUM BLOEMFONTEIN

SATURDAY 13 MARCH 2021



1	08:00	5000 M RACE WALK	GIRLS U/18 (16 & 17 YRS - 2004,2005)	FINAL
2	08:00	5000 M RACE WALK	GIRLS U/16 (14 & 15 YRS - 2006,2007)	FINAL
3	08:00	5000 M RACE WALK	BOYS U/16 (14 & 15 YRS - 2006,2007)	FINAL
4	09:00	LONG JUMP (PIT B)	BOYS U/16 (14 & 15 YRS - 2006,2007)	FINAL
5	09:00	POLE VAULT	GIRLS U/18 (16 & 17 YRS - 2004,2005)	FINAL
6	09:00	POLE VAULT	GIRLS U/16 (14 & 15 YRS - 2006,2007)	FINAL
7	09:00	POLE VAULT	WOMEN U/20 (18 & 19 YRS - 2002,2003)	FINAL
8	09:00	POLE VAULT	SENIOR WOMEN (FROM 20 YRS 2001 AND BEFORE)	FINAL
9	09:00	HIGH JUMP (MAT B)	BOYS U/16 (14 & 15 YRS - 2006,2007)	FINAL
10	09:00	SHOT PUT (3 kg)	GIRLS U/18 (16 & 17 YRS - 2004,2005)	FINAL
11	09:00	JAVELIN (600 g)	BOYS U/16 (14 & 15 YRS - 2006,2007)	FINAL
12	09:00	HIGH JUMP (MAT A)	BOYS U/18 (16 & 17 YRS - 2004,2005)	FINAL
13	09:10	3000 M	BOYS U/18 (16 & 17 YRS - 2004,2005)	FINAL
14	09:25	3000 M	GIRLS U/18 (16 & 17 YRS - 2004,2005)	FINAL
15	09:40	3000 M	GIRLS U/16 (14 & 15 YRS - 2006,2007)	FINAL
16	09:55	3000 M	BOYS U/16 (14 & 15 YRS - 2006,2007)	FINAL
17	10:00	JAVELIN (500 g)	GIRLS U/18 (16 & 17 YRS - 2004,2005)	FINAL
18	10:00	TRIPLE JUMP (PIT B) (9 M)	BOYS U/16 (14 & 15 YRS - 2006,2007)	FINAL
19	10:00	HAMMER THROW (4 KG) (CIRCLE A)	BOYS U/16 (14 & 15 YRS - 2006,2007)	FINAL
20	10:10	200 M	GIRLS U/16 (14 & 15 YRS - 2006,2007)	FINAL
21	10:20	200 M	BOYS U/16 (14 & 15 YRS - 2006,2007)	FINAL
22	10:30	200 M	GIRLS U/18 (16 & 17 YRS - 2004,2005)	FINAL
23	10:40	200 M	BOYS U/18 (16 & 17 YRS - 2004,2005)	FINAL
24	11:00	TRIPLE JUMP (PIT B) (9 M)	GIRLS U/18 (16 & 17 YRS - 2004,2005)	FINAL
25	11:00	DISCUS THROW (1 kg) (CIRCLE B)	GIRLS U/16 (14 & 15 YRS - 2006,2007)	FINAL
26	11:00	SHOT PUT (5 kg)	BOYS U/18 (16 & 17 YRS - 2004,2005)	FINAL
27	11:00	LONG JUMP (PIT B)	BOYS U/18 (16 & 17 YRS - 2004,2005)	FINAL
28	11:00	800 M	GIRLS U/16 (14 & 15 YRS - 2006,2007)	FINAL
29	11:10	800 M	BOYS U/16 (14 & 15 YRS - 2006,2007)	FINAL
30	11:20	800 M	GIRLS U/18 (16 & 17 YRS - 2004,2005)	FINAL
31	11:30	800 M	BOYS U/18 (16 & 17 YRS - 2004,2005)	FINAL
32	11:45	JAVELIN (700 g)	BOYS U/18 (16 & 17 YRS - 2004,2005)	FINAL
33	11:45	HIGH JUMP (MAT A)	GIRLS U/16 (14 & 15 YRS - 2006,2007)	FINAL
34	11:45	400 HURDLES (76,2)	GIRLS U/18 (16 & 17 YRS - 2004,2005)	FINAL
35	11:55	300 HURDLES (76,2)	GIRLS U/16 (14 & 15 YRS - 2006,2007)	FINAL
36	12:05	300 HURDLES (83,8)	BOYS U/16 (14 & 15 YRS - 2006,2007)	FINAL
37	12:15	400 HURDLES (83,8)	BOYS U/18 (16 & 17 YRS - 2004,2005)	FINAL
38	12:30	DISCUS THROW (1 kg) (CIRCLE B)	BOYS U/16 (14 & 15 YRS - 2006,2007)	FINAL
39	12:30	HIGH JUMP (MAT B)	GIRLS U/18 (16 & 17 YRS - 2004,2005)	FINAL
40	12:30	100 M	GIRLS U/16 (14 & 15 YRS - 2006,2007)	FINAL
41	12:40	100 M	BOYS U/16 (14 & 15 YRS - 2006,2007)	FINAL
42	12:50	100 M	GIRLS U/18 (16 & 17 YRS - 2004,2005)	FINAL
43	13:00	100 M	BOYS U/18 (16 & 17 YRS - 2004,2005)	FINAL
44	13:10	1500 M STEEPLE (76,2)	GIRLS U/16 (14 & 15 YRS - 2006,2007)	FINAL
44.A	13:10	1500 M STEEPLE (76,2)	Boys U/16 (14 & 15 YRS - 2006,2007)	FINAL
45	13:20	2000 M STEEPLE (76,2)	GIRLS U/18 (16 & 17 YRS - 2004,2005)	FINAL
46	13:30	2000 M STEEPLE (83,8)	BOYS U/18 (16 & 17 YRS - 2004,2005)	FINAL
47	13:30	HAMMER THROW (3KG)	GIRLS U/18 (16 & 17 YRS - 2004,2005)	FINAL
48	13:30	HAMMER THROW (3KG)	GIRLS U/16 (14 & 15 YRS - 2006,2007)	FINAL
49	13:30	TRIPLE JUMP (11 M) (PIT A)	BOYS U/18 (16 & 17 YRS - 2004,2005)	FINAL
50	13:30	TRIPLE JUMP (9 M) (PIT B)	GIRLS U/16 (14 & 15 YRS - 2006,2007)	FINAL
51	13:45	DISCUS THROW (1,5 kg) (CIRCLE B)	BOYS U/18 (16 & 17 YRS - 2004,2005)	FINAL
52	13:45	90 M HURDLES (76,2)	GIRLS U/16 (14 & 15 YRS - 2006,2007)	FINAL
53	13:55	100 M HURDLES (76,2)	GIRLS U/18 (16 & 17 YRS - 2004,2005)	FINAL
54	14:05	100 M HURDLES (83,8)	BOYS U/16 (14 & 15 YRS - 2006,2007)	FINAL
55	14:15	110 M HURDLES (91,4)	BOYS U/18 (16 & 17 YRS - 2004,2005)	FINAL
56	14:15	SHOT PUT (4 kg)	BOYS U/16 (14 & 15 YRS - 2006,2007)	FINAL
57	14:15	JAVELIN (500 g)	GIRLS U/16 (14 & 15 YRS - 2006,2007)	FINAL
58	14:30	POLE VAULT	BOYS U/16 (14 & 15 YRS - 2006,2007)	FINAL
59	14:30	POLE VAULT	BOYS U/18 (16 & 17 YRS - 2004,2005)	FINAL
60	14:30	POLE VAULT	MEN U/20 (18 & 19 YRS - 2002, 2003)	FINAL
61	14:30	POLE VAULT	SENIOR MEN (FROM 20 YRS 2001 AND BEFORE)	FINAL
62	14:30	LONG JUMP (PIT A)	GIRLS U/18 (16 & 17 YRS - 2004,2005)	FINAL
63	14:30	LONG JUMP (Pit B)	GIRLS U/16 (14 & 15 YRS - 2006,2007)	FINAL
64	14:30	1500 M	GIRLS U/16 (14 & 15 YRS - 2006,2007)	FINAL
65	14:40	1500 M	BOYS U/16 (14 & 15 YRS - 2006,2007)	FINAL
66	14:50	1500 M	GIRLS U/18 (16 & 17 YRS - 2004,2005)	FINAL
67	15:00	1500 M	BOYS U/18 (16 & 17 YRS - 2004,2005)	FINAL
68	15:00	HAMMER THROW (5 KG) (CIRCLE A)	BOYS U/18 (16 & 17 YRS - 2004,2005)	FINAL
69	15:15	DISCUS THROW (1 kg) (CIRCLE B)	GIRLS U/18 (16 & 17 YRS - 2004,2005)	FINAL
70	15:15	SHOT PUT (3KG)	GIRLS U/16 (14 & 15 YRS - 2006,2007)	FINAL
71	15:15	400 M	GIRLS U/16 (14 & 15 YRS - 2006,2007)	FINAL
72	15:25	400 M	BOYS U/16 (14 & 15 YRS - 2006,2007)	FINAL
73	15:35	400 M	GIRLS U/18 (16 & 17 YRS - 2004,2005)	FINAL
74	15:45	400 M	BOYS U/18 (16 & 17 YRS - 2004,2005)	FINAL

ACCORDING TO WA (IAAF) AND ASA RULES