

2019 SA CROSS COUNTRY CHAMPIONSHIP MEDAL TALLY						
AGE	INDIVIDUAL MEDALS			TEAM MEDALS		
	GOLD	SILVER	BRONZE	GOLD	SILVER	BRONZE
B8/1	AGN	AFS	AMPU	AGN	AFS	AMPU
B9/2	AGN	AGN	CGA	AGN	AFS	ACNW
B10/2	AMPU	AGN	KZNA	AGN	CGA	AMPU
B11/3	AGN	AGN	AGN	AGN	CGA	AFS
B12/3	AVT	CGA	AGN	AGN	CGA	AFS
B13/4	IND	CGA	IND	CGA	AMPU	AGN
B14/4	CGA	AGN	CGA	CGA	AGN	AFS
B15/4	CGA	AGN	CGA	CGA	AGN	AFS
B16/6	AVT	AFS	AGN	AFS	CGA	AGN
B17/6	AGN	KZNA	AVT	CGA	AGN	AFS
JM/8	AFS	CGA	AGN	CGA	AGN	KZNA
M23/4	CGA	CGA	ATRA	CGA	ACNW	AGN
SM/4	CGA	WPA	CGA	CGA	WPA	AGN
SM/10	CGA	AFS	CGA	CGA	KZNA	AGN
M35/8	CGA	AVT	AGN	CGA	KZNA	AGN
M40/8	SAPS	KZNA	SAPS	SAPS	CGA	KZNA
M45/8	CGA	AGN	KZNA	CGA	AGN	KZNA
M50/8	SAPS	CGA	CGA	CGA	SAPS	AGN
M55/8	KZNA	CGA	CGA	CGA	KZNA	AGN
M60/6	WPA	KZNA	CGA	CGA	KZNA	AMPU
M65/6	AGN	ANWN	CGA	CGA	ANWN	AGN
M70/6	AGN	CGA	AGN	CGA	AGN	
M75/4	AGN	AGN	AGN			
M80/4	AGN					
M85/4	AGN					
G8/1	AGN	AFS	AGN	AGN	AFS	ACNW
G9/2	CGA	CGA	AFS	CGA	AGN	AMPU
G10/2	ASWD	AGN	CGA	AGN	CGA	AFS
G11/3	AVT	AGN	CGA	AGN	AMPU	CGA
G12/3	AMPU	AGN	AGN	AMPU	AGN	AFS
G13/3	AGN	CGA	AMPU	CGA	AGN	AVT
G14/4	AGN	AGN	CGA	CGA	AGN	AVT
G15/4	CGA	AGN	BOLA	AGN	CGA	AFS
G16/4	ACNW	AFS	AGN	AGN	CGA	AFS
G17/4	AGN	AGN	ATRA	AGN	CGA	AMPU
JW/6	KZNA	ACNW	CGA	CGA	AGN	ACNW
W23/4	AGN	CGA	AGN	AGN	AFS	CGA
SW/4	AGN	AFS	ANWN	AGN	CGA	KZNA
SW/10	AGN	AFS	AGN	AGN	KZNA	CGA
W35/4	AGN	KZNA	AGN	KZNA	AGN	CGA
W40/4	AGN	ACNW	CGA	CGA	AGN	ACNW
W45/4	AGN	WPA	AGN	AGN	CGA	KZNA
W50/4	AGN	AGN	KZNA	KZNA	AGN	AMPU
W55/4	WPA	CGA	ANWN	AGN	CGA	ANWN
W60/4	AGN	ANWN	AVT	AGN	KZNA	CGA
W65/4	WPA	KZNA	KZNA			
W70/4	CGA	WPA	EPA			
W75/4	KZNA	EPA	AGN			
W80/4	CGA	AGN				

POS	TEAM	INDIVIDUAL MEDALS			TEAM MEDALS			TOTAL MEDALS			TOTAL
		GOLD	SILVER	BRONZE	GOLD	SILVER	BRONZE	GOLD	SILVER	BRONZE	
1	AGN	21	15	15	17	14	9	38	29	24	91
2	CGA	11	11	14	20	12	5	31	23	19	73
3	KZNA	3	5	4	2	6	5	5	11	9	25
4	WPA	3	3	0	0	1	0	3	4	0	7
5	AMPU	2	0	2	1	2	6	3	2	8	13
6	AVT	3	1	2	0	0	2	3	1	4	8
7	SAPS	2	0	1	1	1	0	3	1	1	5
8	AFS	1	7	1	1	4	9	2	11	10	23
9	ACNW	1	2	0	0	1	4	1	3	4	8
10	IND	1	0	1	0	0	0	1	0	1	2
11	ASWD	1	0	0	0	0	0	1	0	0	1
12	ANWN	0	2	2	0	1	1	0	3	3	6
13	EPA	0	1	1	0	0	0	0	1	1	2
14	ATRA	0	0	2	0	0	0	0	0	2	2
15	BOLA	0	0	1	0	0	0	0	0	1	1
16	LIMA	0	0	0	0	0	0	0	0	0	0
17	BORA	0	0	0	0	0	0	0	0	0	0
18	AGW	0	0	0	0	0	0	0	0	0	0
19	ANWC	0	0	0	0	0	0	0	0	0	0
TOTAL		49	47	46	42	42	41	91	89	87	267
		142			125			267			