

BLOEMFONTEIN CROSS COUNTRY LEAGUE 3

686

24 May 2019
ALL ATHLETES

Pos	Name	Surname	School	Age	ID	Licence	Time
BOYS 8 - 1 km							
1	Thato	Manyeane	Relebeletse School	B8-1km	1108086466083	4511	4,26
2	Andries	Van Tonder	Willem Postma	B8-1km	110823 5096 088	3613	4,30
3	Stian	Smith	Grey Primary	B8-1km	110824 5335 088	3519	4,40
4	Eicker	Van der Westhuizen	Willem Postma	B8-1km	110428 5265 087	3615	4,41
5	Lesedi	Moagi	Kruitberg Primary	B8-1km	1101196092089		4,43
6	Reynhardt	Breytenbach	Grey Primary	B8-1km	110619 5205 087	2685	4,47
7	Mohau	Lebea	Grey Primary	B8-1km	1105305259083	3586	4,47
8	Luan	Potgieter	Grey Primary	B8-1km	110107 5163 084	2682	4,49
9	Stefan	De Vries	President Brand School	B8-1km	1109095139083	3674	4,52
10	Rohan	Oosthuysen	Willem Postma	B8-1km	111230 5659 080	3610	4,57
11	Stiaan	Le Roux	President Brand School	B8-1km	1106055336089	3668	5,06
12	Oliver	Roux	Willem Postma	B8-1km	110901 6561 084	3611	5,07
13	RUAN	SANDER	FICHARDTPARK PRIMEF	B8-1km	1103075752080	4814	5,10
14	Christiaan	Wilkinson	Jacobsdal Primêr	B8-1km	1106205912086	3706	5,13
15	Luhandre	Bezuidenhoudt	Grey Primary	B8-1km	110207 5269 087	3520	5,15
16	Bokang	Lecoko	Laerskool Sentraal Prim	B8-1km	1107205472089	4627	5,15
17	Keabetsoe	Lesaoana	Ad Laudem	B8-1km	1101285311085	4183	5,18
18	Joubert	Haasbroek	Willem Postma	B8-1km	110710 5211 082	3614	5,18
19	JANDRÉ	SCHOLTZ	FICHARDTPARK PRIMEF	B8-1km	1203075508084	4802	5,22
20	IVAN	VAN TOL	FICHARDTPARK PRIMEF	B8-1km	1103235305084	4810	5,26
21	John	Snooke	Grey Primary	B8-1km	120513 5419 087	3524	5,29
22	Kabelo	Lesaoana	Ad Laudem	B8-1km	1101285311085	4184	5,30
23	Waldo	Bosch	Grey Primary	B8-1km	1310045863083	4618	5,36
24	Stephan	Vlok	Grey Primary	B8-1km	110629 5349 082	4332	5,41
25	Erick	Ryksen	Willem Postma	B8-1km	110412 5250 083	3609	5,43
26	JOHN	CONNOWAY	FICHARDTPARK PRIMEF	B8-1km	1203145368089	4806	5,45
27	Ruben	Marx	Universitas PS	B8-1km	1305145360089	4527	5,48
28	Muller	Harrington	Grey Primary	B8-1km	111031 5382 081	2681	5,49
29	Katleho	Shai	Laerskool Sentraal Prim	B8-1km	1101075420088	3757	5,50
30	Zihan	Viljoen	Grey Primary	B8-1km	110219 5182 087	2688	5,53
31	Johann	Grobler	Grey Primary	B8-1km	130116 5317 083	3529	5,53
32	Taylin	Van Niekerk	Grey Primary	B8-1km	120730 5818 080	2670	5,53
33	Marnus	Van Rensburg	Willem Postma	B8-1km	110523 5177 082	3612	6,04
34	Oratile	Leseo	Ad Laudem	B8-1km	1104015435083	4185	6,06
35	Ethan	Gunther	Grey Primary	B8-1km	1311145216081	87	6,08
36	Sibongakonke	Twala	Ad Laudem	B8-1km	1106155265089	4196	6,10
37	Ernich	Pottas	Grey Primary	B8-1km	110531 5598 082	2679	6,10
38	Ben Otto	Crispin	Grey Primary	B8-1km	1210035357080	3731	6,17
39	Dayle	Verster	Grey Primary	B8-1km	120320 5607 087	4260	6,17
40	Jaco	Van der Merwe	Grey Primary	B8-1km	1105105299081	2678	6,18
41	Mpho	Makae	Grey Primary	B8-1km		3599	6,22
42	Derik	Hechter	Grey Primary	B8-1km	111207 6045 089	3526	6,22
43	Orion	Chen	Grey Primary	B8-1km	120112 5504 087	2675	6,28
44	Bokang	Makhalemele	Laerskool Sentraal Prim	B8-1km	1110255203078	3825	6,28
45	Daniel	Jacobs	Grey Primary	B8-1km	120926 5539 086	2669	6,44
46	Boikanyo	August	Ad Laudem	B8-1km	1107265717084	4615	6,47
47	Daniel	Murphy	Grey Primary	B8-1km	111230 5427 082	2686	6,50

48	Willem	Jacobs	Grey Primary	B8-1km	140130 5289 083	3525	6,50
49	Zidane	Jordaan	Ad Laudem	B8-1km	1104165734087	4617	6,58
50	Khothatso	Nkeane	Ad Laudem	B8-1km	1104055800089	4180	7,25
51	Warona	Moholo	Laerskool Sentraal Prim	B8-1km	1103185984086	4626	7,57
52	Otumiseng	Lekhu	Ad Laudem	B8-1km	1202025880080	4199	13,21
GIRLS 8 - 1km							
1	Lisabelle	Beukes	Eunice Primary School	G8-1km	1108100173087	4124	4,58
2	Lameez	IsmailSeedat	Eunice Primary School	G8-1km	1101111599085	4122	5,18
3	Munay	Uys	Oranje Primêr	G8-1km	121001	3929	5,27
4	Chélyn	Parkin	Eunice Primary School	G8-1km	1202031019087	4113	5,32
5	Rethabile	Molakeng	Laerskool Sentraal Prim	G8-1km	1104210959085	3834	5,34
6	Elani	Strydom	Willem Postma	G8-1km	110120 1432 080	3789	5,34
7	Lynné	Van Tonder	Willem Postma	G8-1km	120828 0355 080	3785	5,49
8	Nwabisa	January	Eunice Primary School	G8-1km	1112060446087	4125	5,50
9	LIANé	KOORTZEN	FICHARDTPARK PRIMER	G8-1km	1111020487082	4809	5,50
10	Elle	Gasson	Eunice Primary School	G8-1km	1106010585085	4128	5,56
11	Entle	Lesenyeho	Laerskool Sentraal Prim	G8-1km	1102150346081	3835	5,57
12	Maria	Laranja	Ad Laudem	G8-1km	1104031455081		5,57
13	Minke	Ferreira	Eunice Primary School	G8-1km	1202220403084	4114	5,57
14	Danielle	Marx	Eunice Primary School	G8-1km	1106160194084	4129	5,58
15	Kyra	Breitenbach	Eunice Primary School	G8-1km	1205310309087	4116	5,58
16	Mosa	Seutloadi	Ad Laudem	G8-1km	1102280930085	4179	5,58
17	Isabella	Williams	Eunice Primary School	G8-1km	1206130133087	4120	5,58
18	VERNé	BRITZ	FICHARDTPARK PRIMER	G8-1km	1205241025083	4805	6,06
19	Nina	Van Aswegen	Willem Postma	G8-1km	110118 (PP)	3786	6,06
20	Marli	Hoffman	Sand du Plessis Primer	G8-1km	1212200142081		6,08
21	Ella	van Viegen	Oranje Primêr	G8-1km	120213 0668 081	3646	6,10
22	Nina	Steyn	Willem Postma	G8-1km	111118 0238 085	3788	6,17
23	Riley	Harris	Eunice Primary School	G8-1km	1104020116082	4123	6,20
24	Theodosia	Mamorobela	Laerskool Sentraal Prim	G8-1km	1102030247087	3832	6,22
25	Oratilwe	Masheane	Laerskool Sentraal Prim	G8-1km	1110300416048	3755	6,22
26	Nelisiwe	January	Eunice Primary School	G8-1km	1112060447085	4126	6,23
27	Caitlin	Kingwill	Eunice Primary School	G8-1km	1208260226087	4121	6,23
28	Mia	Van Jaarsveld	Jacobsdal Primêr	G8-1km	1204250965081	3701	6,28
29	Deuné	Du Plessis	Willem Postma	G8-1km	110323 0415 086	3790	6,34
30	Mila	Barratt	Oranje Primêr	G8-1km	1102161499085	3643	6,36
31	Gizelle	Jones	Oranje Primêr	G8-1km	110706 0388 081	3650	6,36
32	Alisha	Ihenacho	Laerskool Sentraal Prim	G8-1km	1107070548088	3829	6,38
33	Carine	Beukman	Oranje Primêr	G8-1km	1112060346089	4392	6,38
34	Nina	Van Aardt	Willem Postma	G8-1km	110223 0172 085	3791	6,38
35	Lilly Rain	Barratt	Oranje Primêr	G8-1km	1205300415084	3642	6,38
36	Omolemo	Sompane	Laerskool Sentraal Prim	G8-1km	1102220310083	3830	6,38
37	Zane	Joubert	Sand du Plessis Primer	G8-1km	1101290117089	4898	6,44
38	Madison	Hartle	Eunice Primary School	G8-1km	1203130478083	4118	6,49
39	EMMERIKE	VAN NIEKERK	FICHARDTPARK PRIMER	G8-1km	1203160224084	4801	7,00
40	Malebo	Vollenhoven	Laerskool Sentraal Prim	G8-1km	1105170563080	3833	7,08
41	Rachel-Ann	Vlok	Oranje Primêr	G8-1km	130114		7,22
42	Asithandle	Tsotetsi	Laerskool Sentraal Prim	G8-1km	1105100112081	3831	8,25
43	Nomahlubi	Nondabula	Eunice Primary School	G8-1km	1105290999081	4127	9,13
BOYS 9 - 2 km							
1	Devon	Reinders	Grey Primary	B9-2km	100409 5304 086	3506	8,13
2	Jaylynn	Seclave	Grey Primary	B9-2km	100505 5491 086	3502	8,18
3	Matthew	Kingwill	Grey Primary	B9-2km	100923 5153 087	4000	8,26
4	Omolemo	Tshekoeng	Fauna Primary	B9-2km	1003265196082	3742	8,50

5	Darryn	Ontong	Ad Laudem	B9-2km	1005245126089	4182	8,50
6	Katleho	Mailane	Laerskool Sentraal Prim	B9-2km	1009105669089	4629	8,54
7	Christoph	Brönn	Willem Postma	B9-2km	1001066490084	4512	9,00
8	Unathi	Marumo	Ad Laudem	B9-2km	1009035298082	4616	9,12
9	Pieter	Steyn	Willem Postma	B9-2km	100318 5913 087	3616	9,19
10	Tumelo	Lichaba	Grey Primary	B9-2km	100713 5352 080	3509	9,23
11	REHARD	BRITZ	FICHARDTPARK PRIMEF	B9-2km	1002235925083	4818	9,24
12	HANRU	VAN ZYL	FICHARDTPARK PRIMEF	B9-2km	1005065373084	4817	9,25
13	Markus	Murphy	Grey Primary	B9-2km	101103 5276 084	2697	9,26
14	Lehlohonolo	Mathafeng	Laerskool Sentraal Prim	B9-2km	1003255314083	3838	9,45
15	Olesego	Mophosa	Laerskool Sentraal Prim	B9-2km	1004245230082	3844	9,54
16	Tidimalo	Van Wyk	Atang Primary School	B9-2km	1006255372084	4338	9,56
17	Keabetswe	Tlhatlogi	Grey Primary	B9-2km	1002246544089	3546	10,07
18	Helo	Chen	Grey Primary	B9-2km	100706 5398 087	2693	10,12
19	Andries	Steyn	President Brand School	B9-2km	1008085229088	3679	10,14
20	Fred	Euvrard	Grey Primary	B9-2km	100205 5766 088	3536	10,15
21	ZANDRÉ	THOMPSON	FICHARDTPARK PRIMEF	B9-2km	1005015129081	4820	10,19
22	Johann	Vlok	Grey Primary	B9-2km	100630 5507 085	3527	10,20
23	Frans Johan	Steynberg	Grey Primary	B9-2km	100503 5342 086	4258	10,30
24	Tshiamo	Matsoso	Nedbank Fast Legs R C	B9-2km	100104	2195	10,32
25	Morema	Kaphe	Laerskool Sentraal Prim	B9-2km	1008165455082	3847	10,34
26	Chris	Yssel	Willem Postma	B9-2km	1009025701087	4623	10,38
27	Deyano	Sauls	Ad Laudem	B9-2km	1003156314083	4192	11,12
28	Albert	Thabede	Laerskool Sentraal Prim	B9-2km	1003035355083	3843	11,21
29	Lebohang	Ramatsoele	Laerskool Sentraal Prim	B9-2km	1002035206080	3836	11,45
30	Olesego	Senagomo	Laerskool Sentraal Prim	B9-2km	1003265554082	3837	11,56
31	Onkgopotse	Ngo	Laerskool Sentraal Prim	B9-2km	1002205170082	3842	12,01
32	Kutlwano	Segojane	Laerskool Sentraal Prim	B9-2km	1011075564084	3839	13,22
33	Atlehang	Makume	Laerskool Sentraal Prim	B9-2km	1011305330082	3841	14,02
GIRLS 9 - 2 km							
1	Omolemo	Motseki	Atang Primary School	G9-2km	1001180718089	4351	8,44
2	Lelanie	Jordaan	Universitas PS	G9-2km	1006020405086	1970	9,03
3	Michelle	Pienaar	Willem Postma	G9-2km	100301 1413 088	3796	9,06
4	Robyn	van Wyk	Eunice Primary School	G9-2km	1002080750081	4136	9,12
5	Charne	May	Koot Niemann	G9-2km	1005200600084	4318	9,40
6	Liné	Grobler	Eunice Primary School	G9-2km	1004020268083	4137	9,53
7	Busisiwe	Poni	Atang Primary School	G9-2km	1004060287084		9,53
8	Danike	Crause	Willem Postma	G9-2km	100804 0248 082	3795	9,57
9	DIMPHO	MOLETE	BOTLEHADI PS	G9-2km	1002210469081	4447	10,05
10	Jemma	Harrington	Eunice Primary School	G9-2km	1003010539081	4134	10,20
11	Megan	Fourie	Eunice Primary School	G9-2km	1002030324086	4140	11,09
12	Jana	Loots	Willem Postma	G9-2km	100424 0132 085	3793	11,31
13	Yuané	Weideman	Willem Postma	G9-2km	101117 0231 084	3794	11,31
14	Mayssa	Malek	Eunice Primary School	G9-2km	101005	4139	11,44
15	CHARLIZE	VAN ROOYEN	FICHARDTPARK PRIMEF	G9-2km	1003010544081	4815	11,49
16	ELRIKA	HUGO	FICHARDTPARK PRIMEF	G9-2km	1008020952083	4819	12,03
17	Matshediso	Mahase	Laerskool Sentraal Prim	G9-2km	1009161008081	3850	12,06
18	Alexa	Lodewyk	Eunice Primary School	G9-2km	1010210479083	4135	12,26
19	Tshepang	Mokgothu	Eunice Primary School	G9-2km	1006290363080	4132	12,55
20	Benevolent	Moreo	Laerskool Sentraal Prim	G9-2km	1007120397082	3849	13,51
BOYS 10 - 2 km							
1	Jurgen	Nortje	Grey Primary	B10-2km	090114 5525 084	4259	7,39
2	Molemo	Phenethe	Relebeletse School	B10-2km	0903095990086	4498	7,41
3	Manny	Wilson	Grey Primary	B10-2km	090330 5963 089	3512	7,46

4	Christiaan	Beukman	Grey Primary	B10-2km	091211 5601 086	3511	7,59
5	Marko	Bosch	Grey Primary	B10-2km	090904 5376 086	3728	8,11
6	Jean-Louis	Ceronio	Universitas PS	B10-2km	0905275265080	3686	8,13
7	Reynaldo	Uys	Grey Primary	B10-2km	0910265424085	3872	8,18
8	Gontse	Mosoeu	Toka PS	B10-2km	0904155553087	4265	8,22
9	Hayden	Gooch	Grey Primary	B10-2km	090403 5258 089	4255	8,22
10	Siphiwe	Dlakane	Relebeletse School	B10-2km	0903155743086	4497	8,26
11	Tshepo	Lebusho	Koot Niemann	B10-2km	0910315844084	4295	8,36
12	Nakedi	Boikanyo	Atang Primary School	B10-2km	0908215765086	4348	8,43
13	Keagan	Van Rensburg	Grey Primary	B10-2km	0911276300082	4624	8,47
14	Jacques	Bawden	President Steyn	B10-2km	0904025597082	3633	8,48
15	JC	Pretorius	Grey Primary	B10-2km	090911		8,50
16	Gereld	Melato	Koot Niemann	B10-2km	0902066490084	4299	9,02
17	Luvuyo	Soul	Edenhoogte PS	B10-2km	0906206180083	1388	9,06
18	Tshepang	Molefe	Toka PS	B10-2km	0906195646086	4263	9,08
19	JEAN	DE MEYER	FICHARDTPARK PRIMEF	B10-2km	0902185546089	4829	9,08
20	Moloi	Moloi	Atang Primary School	B10-2km	0904125766082	4353	9,09
21	Leonard (Leo)	Wilkinson	Jacobsdal Primêr	B10-2km	0902215571081	3715	9,13
22	Tshepiso	Molefe	Toka PS	B10-2km	0906195647084	4274	9,23
23	ETIENNE	DE BEER	FICHARDTPARK PRIMEF	B10-2km	0909275328088	4828	9,25
24	WD	Oosthuizen	Willem Postma	B10-2km	090804 5176 082	3620	9,26
25	Damian	Crause	Willem Postma	B10-2km	090624 5139 082	3621	9,26
26	WIHAN	DE LANGE	FICHARDTPARK PRIMEF	B10-2km	0903315633086	4830	9,38
27	Phillip	Le Roux	Willem Postma	B10-2km	090106 5786 088	3619	9,42
28	Siphokuhle	Mathiso	Toka PS	B10-2km	0906195208085	4262	9,44
29	Joubert	Ryksen	Willem Postma	B10-2km	090109 5197 082	3622	9,53
30	Rapoello	Mathoma	Laerskool Sentraal Prim	B10-2km	0907295567081	4630	10,00
31	Reikanne	Mokhua	Brandwag Primary	B10-2km	0908245324086	4248	10,06
32	Seth	Ihenacho	Laerskool Sentraal Prim	B10-2km	0908055196087	3851	10,07
33	Dian	Van Rooyen	Grey Primary	B10-2km	090112 5248 087	3513	10,08
34	Kamohelo	Nkone	Koot Niemann	B10-2km	0905045364080	4286	10,17
35	Enrique	Weitsz	Aliwal North H S	B10-2km	0903045333080	3782	10,30
36	Vusimuzi	Mtjale	Ad Laudem	B10-2km	0911145142087	4188	10,32
37	Tlaleng	Mopeli	Nedbank Fast Legs R C	B10-2km	091219	2200	10,40
38	Realeboha	Moiloa	Toka PS	B10-2km	0912206024081	4264	10,40
39	Cameron	Shebe	Brandwag Primary	B10-2km	0905016107088	4247	10,51
40	Karabelo	Khoarane	Ad Laudem	B10-2km	0903205221083	4189	10,52
41	Amis	Du Plessis	Koot Niemann	B10-2km	0902166526084	4291	11,12
42	Lathitha	Makiki	Ad Laudem	B10-2km	0912225199088	4198	11,40
43	EBEN	ELS	FICHARDTPARK PRIMEF	B10-2km	0908275216087	4831	11,53
44	Ilitha	Makiki	Ad Laudem	B10-2km	0912225201082	4193	12,33
45	Bokang	Mateane	Koot Niemann	B10-2km	0903105547082	4308	12,43
46	Vintino	Carels	Koot Niemann	B10-2km	0908305448080	4305	13,01
GIRLS 10 - 2 km							
1	Nthabiseng	Nyapotse	Madikgetla PS	G10-2km	0903220910082		8,02
2	Dimpho	Thubela	Fauna Primary	G10-2km	0905010990083	3741	8,49
3	Luyanda	Rabela	Nedbank Fast Legs R C	G10-2km	090416	2208	9,09
4	Monyetsane	Relebohile	Atang Primary School	G10-2km	0912260662081	4341	9,11
5	CHLOE	O'NEALE	FICHARDTPARK PRIMEF	G10-2km	0911301105084	4822	9,28
6	Mienka	De Kock	Willem Postma	G10-2km	090413 0271 086	3797	9,39
7	CATHLI-ANN	JOUBERT	FICHARDTPARK PRIMEF	G10-2km	0905180381089	4827	9,49
8	Marné	Van Rensburg	Willem Postma	G10-2km	090812 0369 081	3800	10,01
9	Chrisna	Strydom	Willem Postma	G10-2km	090321 1263 087	3798	10,03
10	Sumari	Oosthuizen	Jacobsdal Primêr	G10-2km	0909250104082	3711	10,05

11	Kearabetswe	Kgaile	Nedbank Fast Legs R C	G10-2km	090509	2196	10,13
12	Nomsa	Mtyiwa	Toka PS	G10-2km	0903050964084	4266	10,39
13	Maruné	Dreyer	President Brand School	G10-2km	090110	4507	10,40
14	Chané	Fourie	Jacobsdal Primêr	G10-2km	0906250198080	3713	10,44
15	Waratwa	Lecoko	Eunice Primary School	G10-2km	0908210289082	4144	10,53
16	Ilanze	Du Plessis	Willem Postma	G10-2km	090223 0124 080	3799	10,56
17	Storm	Harris	Eunice Primary School	G10-2km	0909300166081	4143	10,56
18	Rebaone	Lekhu	Laerskool Sentraal Prim	G10-2km	0904240992084	3761	11,11
19	Megan	Coetzee	Jacobsdal Primêr	G10-2km	0903270629087	3709	11,25
20	LANA	VAN SCHALKWYK	FICHARDTPARK PRIMEF	G10-2km	0907150158083	4823	12,05
21	Leano	Lebuso	Brandwag Primary	G10-2km	0905300161080	4285	12,34
BOYS 11 - 3 km							
1	Mahlehle	Thapelo	Atang Primary School	B11-3km	0803196519083	4346	11,42
2	Makhalanyane	Thato	Atang Primary School	B11-3km	0802056202087	4350	11,45
3	De Villiers	Lamprecht	Universitas PS	B11-3km	0802245160089	3891	11,55
4	Vernon	Braaizen	Koot Niemann	B11-3km	0805125327082	4288	12,05
5	Lourens	De Vries	President Brand School	B11-3km	0807145274088	3675	12,07
6	Wian	Van der Merwe	Willem Postma	B11-3km	080719 5061 088	3625	12,17
7	Peter	Van Viegen	Grey Primary	B11-3km	080319 5169 088	3537	12,19
8	Devon	Williams	Koot Niemann	B11-3km	0810095254084	4301	12,56
9	Sihle	Gomba	Koot Niemann	B11-3km	0804085281082	4302	12,59
10	Duiker	Hlohonofatso	Grassland P/S	B11-3km	0802045269080	2089	13,14
11	Thapelo	Ntjobokoane	Relebeletse School	B11-3km	0804225328082	4496	13,16
12	Amogelang	Motlhamme	Toka PS	B11-3km	0803215115087	4270	13,24
13	Luan	Strydom	Grey Primary	B11-3km	0802176371085	88	13,27
14	Kgotao	Nchai	Grassland P/S	B11-3km		2086	13,33
15	Ivan	Langeveldt	Bloemfontein PS	B11-3km	0808165115086	3585	13,39
16	PD	Venter	Jim Fouché Prim Skool	B11-3km	0801235190080		14,05
17	Ruan	Strydom	Grey Primary	B11-3km	0802176373081	90	14,23
18	Shaun	Pienaar	Willem Postma	B11-3km	080102 5278 087	3623	14,29
34	Mazwakhe	Mollo	MOTHEO DEVELOPMEN	B11-3km	0811115649089	4521	14,36
19	Retsedisetswe	Khetsi	Relebeletse School	B11-3km	0810255290084	4499	14,40
20	Junior	Flyman	Fauna Primary	B11-3km	0804035336085	3737	14,40
21	Omphile	Ntsalong	Kruitberg Primary	B11-3km	0801055237086		14,55
22	Lesedi	Khetsi	Brandwag Primary	B11-3km	0812235152087	4250	14,58
23	Dewald	Ebersohn	Willem Postma	B11-3km	081113 5338 085	3626	15,00
24	Omphemetse	Motheo	Laerskool Sentraal Prim	B11-3km	0811145295085	3856	15,09
25	Corne	Litsheo	Laerskool Sentraal Prim	B11-3km	0810105208080	3763	15,18
26	Chris	Weitsz	Aliwal North H S	B11-3km	0803175227088	3781	15,20
27	Divan	Venter	President Brand School	B11-3km	0809235151085	3677	15,25
28	RUBEN	KOEKEMOER	FICHARDTPARK PRIMEF	B11-3km	0801085327089	4837	15,25
29	Salomon	Nthetha	Nedbank Fast Legs R C	B11-3km	080314	2206	15,29
30	Jayden	Fouche	Sand du Plessis Primer	B11-3km	0801255389083	4897	15,32
31	Stiaan	Coetzee	Willem Postma	B11-3km	081201 5088 089	3624	15,35
32	Stefan	Snydert	President Brand School	B11-3km	0807125132082	3670	15,39
33	Marco	Lusardi	Grey Primary	B11-3km	080610 5417 083	3534	15,49
34	Neo	Rapitso	Laerskool Sentraal Prim	B11-3km	0807155539081	3855	16,00
35	Samuel	Stallenberg	Edenhoogte PS	B11-3km	0803256373084	1408	16,13
36	Dian	Vosloo	Jim Fouché Prim Skool	B11-3km	0808195250085		16,34
37	Jason	Melville	President Brand School	B11-3km	0812195203086	3678	16,53
38	Bokang	Sehloho	Fauna Primary	B11-3km	0801235766080	3738	16,58
39	JUAN	GROENEWALD	FICHARDTPARK PRIMEF	B11-3km	0810085258087	4836	17,15
40	Juandré	Weideman	Willem Postma	B11-3km	081201 5253 089	3627	17,17
41	RW	VAN NIEKERK	FICHARDTPARK PRIMEF	B11-3km	0812305255083	4833	17,56

GIRLS 11 - 3 km							
1	Siyabonga	Matiki	Koot Niemann	G11-3km	0808125228086	4309	12,04
2	DANELL	OELOFSE	FICHARDTPARK PRIMER	G11-3km	0804030121086	4840	12,23
3	Ofentse	Motete	Fauna Primary	G11-3km	0805130728084	3739	13,37
4	Samantha	Maritz	Eunice Primary School	G11-3km	0801030169081	3184	13,37
5	Amelia	Vincent	Eunice Primary School	G11-3km	0804030794080	4148	13,51
6	Palesa	Mohapi	Atang Primary School	G11-3km	0803021360083	4352	14,11
7	Danielle	Pienaar	Oranje Primêr	G11-3km	080509 0328 081	3658	14,30
8	Annelize	van der Merwe	Oranje Primêr	G11-3km	080725 0112 081	3657	14,34
9	Valashiya	Sivuyiwe	Grassland P/S	G11-3km	0808295371088	2085	14,42
10	Jamie	Fourie	Sand du Plessis Primer	G11-3km	0803200159089	4899	15,30
11	Eunice	Fourie	Eunice Primary School	G11-3km	0802160291083	3887	15,40
12	Karli	Jordaan	Willem Postma	G11-3km	080621 0222 089	3602	15,41
13	Lisa	Steyn	Willem Postma	G11-3km	080705 0248 085	3601	15,43
14	MELISSA	NEL	FICHARDTPARK PRIMER	G11-3km	0807160211080	4838	15,51
15	Karabo	Maleho	Toka PS	G11-3km	0812131118083	4267	16,18
16	Lois	Fourie	Eunice Primary School	G11-3km	0802160292081	3886	16,21
17	Moledi	Sebabatso	Grassland P/S	G11-3km	0802160485081	2091	16,46
18	MONIQUE	STEYN	FICHARDTPARK PRIMER	G11-3km	0806180434086	4844	16,56
19	Thatohatsi	Mandla	Koot Niemann	G11-3km	0801050489088	4317	17,13
20	Carla	Loots	Willem Postma	G11-3km	081012 0147 089	3604	17,17
21	Adziambeyi	Munyaaliwa	Kruitberg Primary	G11-3km	0801250181089		17,44
22	Mariné	Oosthuizen	Jacobsdal Primêr	G11-3km	0806180344087	3717	17,45
23	Naledi	More	Brandwag Primary	G11-3km	0807260808082	4251	17,53
24	Vera	Chen	Eunice Primary School	G11-3km	0811260803085	4149	17,59
	Olerato	Rantsane	Fauna Primary	G11-3km	0810100292087	3740	DNF
BOYS 12 - 3 km							
1	Mmatli	Mphatseng	Atang Primary School	B12-3km	0701156669080	4342	11,22
2	Segola	Sabelo	Atang Primary School	B12-3km	0702216455080	4347	11,27
3	Teetsa	Mohapi	Atang Primary School	B12-3km	0711265778086	4349	11,37
4	Letlotlo	Lefokotsane	Relebeletse School	B12-3km	0705265507081	4492	12,06
5	Katleho	Fudumele	Relebeletse School	B12-3km	0703275522083	4493	12,07
6	Thabang	Molele	Toka PS	B12-3km	0704075364080	4269	12,14
7	Tshepiso	Tlhaname	Koot Niemann	B12-3km	0705045889080	4300	12,26
8	Pule	Tau	Relebeletse School	B12-3km	0703196603087	4495	12,30
9	Hlalele	Motake	Koot Niemann	B12-3km	0701145759083	4298	12,39
10	Zaid	Talibo	Brandwag Primary	B12-3km	0707185229085	2445	12,42
11	Pabatso	Nthejane	Grassland P/S	B12-3km	0711285534089	2088	12,51
12	JACO	FICK	FICHARDTPARK PRIMER	B12-3km	0701245191088	4847	12,56
13	Thabang	Sebata	Relebeletse School	B12-3km	0706076513086	4494	13,01
14	Amogelang	Mosia	Laerskool Sentraal Prim	B12-3km	0707315590083	4631	13,08
15	Andile	Mosotho	Nedbank Fast Legs R C	B12-3km	070917	2203	13,18
16	Karabo	Mmale	Fauna Primary	B12-3km	0710065831087	3733	13,20
17	Abongile	Thafeni	Nedbank Fast Legs R C	B12-3km	070815	2202	13,30
18	Horing	Thuto	Atang Primary School	B12-3km	0711056423082	4339	13,39
19	Oratilwe	Dyantyi	Fauna Primary	B12-3km	0708065264085	4359	13,42
20	Khauhelo	Matekane	Relebeletse School	B12-3km	0704095786080	4500	13,43
21	John	Khomoentso	Toka PS	B12-3km	0711076443086	4275	13,43
22	Ruben	Scheepers	President Brand School	B12-3km	0707255240087	3673	13,57
23	Sanele	Matakane	Toka PS	B12-3km	0703055316083	4268	14,00
24	Lechuti	Bonolo	Atang Primary School	B12-3km	0712235373081	4337	14,38
25	WIAN	NEL	FICHARDTPARK PRIMER	B12-3km	0704025620086	4852	15,20
26	Reorapetse	Mogoera	Laerskool Sentraal Prim	B12-3km	0710015138088	3858	16,07
27	Tamasane	Keorapetso	Edenhoogte PS	B12-3km	0712145793083	1383	16,27

28	Siphosihle	Gaga	Koot Niemann	B12-3km	0709215893088	4307	16,34
29	ANDRICK	JOUBERT	FICHARDTPARK PRIMEF	B12-3km	0703015204083	4849	16,36
30	ANDREW	KOTZE	FICHARDTPARK PRIMEF	B12-3km	0701165463087	4851	16,37
31	Itumeleng	Mosese	MOTHEO DEVELOPMEN	B12-3km	0712085209086	4520	17,28
32	Hlompho	Raseobi	Kruitberg Primary	B12-3km	0710195714088		17,41
33	Carlo	Van Niekerk	President Brand School	B12-3km	0703075219088	3666	19,25
	TEBOHO	MOTAU	Mmulakgoro School	B12-3km	0712085392085	3773	DNF
GIRLS 12 - 3 km							
1	Inge	Van Staden	Eunice Primary School	G12-3km	0704170318080	3598	11,48
2	Izanne	Van Aswegen	Willem Postma	G12-3km	070527 1213 088	3605	12,53
3	Ezeth	Esterhuizen	Universitas PS	G12-3km	0704100279089	3689	13,06
4	DUANEY	VAN WYK	FICHARDTPARK PRIMEF	G12-3km	0709260123084	3893	13,43
5	Micke	de Andrade	Oranje Primêr	G12-3km	070209 0159 089	3663	13,47
6	Joalane	Moorosi	Grassland P/S	G12-3km	0709110418080	3472	14,00
7	Keolebogile	Masiu	Nedbank Fast Legs R C	G12-3km	070312	2009	14,34
8	Kiesha	Moepi	Koot Niemann	G12-3km	0702060634087	4313	14,40
9	Atlehang	Telekoa	Eunice Primary School	G12-3km	0709140102084	4151	14,44
10	Phumelela	Dhlamini	Fauna Primary	G12-3km	0709260295085	3735	15,01
11	Phumelele	Dhlamini	Fauna Primary	G12-3km	0709260293085	3734	15,51
12	MARNÉ	VAN DER WALT	FICHARDTPARK PRIMEF	G12-3km	0701170240082	4850	16,47
13	Mia	Du Randt	Universitas PS	G12-3km	0710160250084	3690	16,53
14	Imange	Nkcaza	Fauna Primary	G12-3km	0706230900088	3736	17,00
15	Justine	Kieser	President Brand School	G12-3km	0712290191089	3669	19,25
16	Elishia	Keyter	Eunice Primary School	G12-3km	0709070122086	4152	20,11
17	Rethabile	Campbell	Edenhoogte PS	G12-3km	0705200895088	1403	20,41
BOYS 13 - 4 km							
1	Mpho	Sethunya	Relebeletse School	B13-4km	0605266268081	4487	14,27
2	Motlalepula	Ntombo	Relebeletse School	B13-4km	0611296499084	4488	14,43
3	Luyakha	Nqeniso	Nedbank Fast Legs R C	B13-4km	060621	2205	15,06
4	Ndabe	Yamkela	Atang Primary School	B13-4km	0610185176084	4343	15,18
5	TSHEPO	MOFOKENG	Mmulakgoro School	B13-4km	0605055324087	3772	15,32
6	Xolani	Mtini	Madikgetla PS	B13-4km	0607295597084		15,52
7	LEHLOHONOLO	KGAILE	Mmulakgoro School	B13-4km	0606096003086	3771	15,54
8	Thato	Witvoet	Koot Niemann	B13-4km	0607295199089	4287	16,09
9	Karabo	Mpemvana	Kruitberg Primary	B13-4km	0604255592080	4022	16,16
10		Van Wyk	PT Sanders C/S	B13-4km	060507	1395	16,25
11	Lebogang	Mokgadi	Grassland P/S	B13-4km	0606075910085	2080	16,35
12	Lethabo	Khetsi	Brandwag Primary	B13-4km	0603165148088	4249	16,38
13	Siyabulela	More	Brandwag Primary	B13-4km	0608266220086	4252	18,33
14	Johnathan	Smith	Brandwag Primary	B13-4km	0603106344089	4336	18,40
15	Tshidiso	Mathibe	Toka PS	B13-4km	0612025399082	4271	19,13
16	Itumeleng	Minnie	Koot Niemann	B13-4km	0612165362080	4290	19,18
17	MASEGO	SHUPING	BOTLEHADI PS	B13-4km	0606265487086	4452	19,26
18	OFENTSE	SEBOTHELO	BOTLEHADI PS	B13-4km	0608045264082	4448	19,28
19	Lehlohonolo	Phaladi	Grassland P/S	B13-4km	060613	2149	19,41
20	FREEK	VAN WYNGAARD	FICHARDTPARK PRIMEF	B13-4km	0608145478087	4855	22,28
21	Sboniso	Kheswa	Laerskool Sentraal Prim	B13-4km	0601035255087	3861	23,31
22	Lerato	Nto	Kruitberg Primary	B13-4km	0601255807088		25,04
23	Leonard	Barnard	President Brand School	B13-4km	0601075265087	3667	25,30
	Thato	Malgas	Kruitberg Primary	B13-4km	0609226332086		DNF
GIRLS 13 - 4 km							
1	KARABO	MSUTU	Mmulakgoro School	G13-4km	0607020664084	3770	16,36
2	Melindé	Odendaal	Eunice Primary School	G13-4km	0602030141082	3885	17,02
3	Lerato	Pitso	Grassland P/S	G13-4km	060430	2083	18,02

4	Zerelda	Botha	Koot Niemann	G13-4km	0612121326088	4314	18,42
5	LINDSEY	NEVELING	FICHARDTPARK PRIME	G13-4km	0601020194085	4856	20,15
6	Zintle	Gulwa	Koot Niemann	G13-4km	0606160259085	4316	20,31
7	Tersia	du Plessis	Jim Fouché Prim Skool	G13-4km	0609181425081		20,43
8	Nelisha	Brider	Eunice Primary School	G13-4km	0608050200088	4156	20,45
9	ZAANLIE	BLIGNAUT	FICHARDTPARK PRIME	G13-4km	0608270135080	4857	20,53
10	Sibusiswe	Nontyi	Toka PS	G13-4km	0607120172087	4272	22,09
11	Kgothatso	Mphothane	Laerskool Sentraal Prim	G13-4km	0603050088088	3863	23,00
12	Busisiwe	Ndunge	Edenhoogte PS	G13-4km	0602210386085		25,17
13	BUHLE	BAARTMAN	BOTLEHADI PS	G13-4km	0605260377086	4450	25,17
14	Nolisindiso	Skefele	Nedbank Fast Legs R C	G13-4km	060131	2199	26,24
15	LENé	VAN ZYL	FICHARDTPARK PRIME	G13-4km	0611130429081	4854	26,56
16	Kayla	Fourie	Jim Fouché Prim Skool	G13-4km	0609010185088		26,56
17	Lindsay	Goliath	Koot Niemann	G13-4km	0610040227080	4320	27,37
18	Lesego	Sibi	Koot Niemann	G13-4km	0607250260082	4312	27,37
BOYS 14 - 4 km							
1	NEO	SEATE	HTS LOUIS BOTHA	B14-4km	0506195248089	3420	14,10
2	LEHLOHONOLO	KODE	Mmulakgoro School	B14-4km	0504176369081	3774	15,02
3	Samkelo	Ndumiso	Toka PS	B14-4km	0506295869081	4273	15,12
4	Lungile	Khuse	Atang Primary School	B14-4km	0508165434087	4340	15,26
5	Willie	Volschenk	Fichardtpark HS	B14-4km	0505305111088	4335	15,39
6	VUYO	NZWANA	Mmulakgoro School	B14-4km	0507115573085	3775	16,11
7	TSHEPO	KHOMAMATODI	BOTLEHADI PS	B14-4km	050701	4455	16,30
8	Onkarabetse	Koloane	Academy of Excellence	B14-4km	0506105227082	4174	16,36
9	VUYANI	LEMOEN	BOTLEHADI PS	B14-4km	0512126059082	4453	17,27
10	Thewayne	Van der Berg	Koot Niemann	B14-4km	0505215349083	4319	17,31
11	Thato	Leeuw	Kruitberg Primary	B14-4km	0512015366085		17,48
12	Miguel	Smith	Ons Kinderhuis RC	B14-4km	0512285111088	3779	17,52
13	Judah	Wahl	Univ Free State	B14-4km	0501135145081	1897	17,53
14	Khanyisile	Moni	Laerskool Sentraal Prim	B14-4km	0509045154085	3768	18,04
15	Devante	Appies	Heatherdale	B14-4km	0502155241081		18,06
16	Tshidiso	Mothekhe	Ad Laudem	B14-4km	0511165260080	4200	18,14
17	Mpho	Motlogeloa	Nedbank Fast Legs R C	B14-4km	051003	2204	18,26
18	Hans-Jacob	Hoffman	Sand Du Plessis HS	B14-4km	051215 5179 082	4104	18,35
19	Philasande	Gaga	Koot Niemann	B14-4km	0503045250084	4306	18,44
20	Tshiamo	Mohoalali	Academy of Excellence	B14-4km	0507195638089	4165	18,53
21	Elias	Mofokeng	Kruitberg Primary	B14-4km	0507145391086		19,00
22	JONATHAN	JACKSON	Heatherdale	B14-4km	0502045354086		22,00
23	Christiaan	Moore	President Brand School	B14-4km	0510236242085	3680	22,29
24	RIKUS	PIENAAR	Aliwal North H S	B14-4km	0507305325080	3749	23,03
	Remmogo	Mampe	Academy of Excellence	B14-4km	0501255294081	4160	DNF
	Letlotlo	Khiba	Academy of Excellence	B14-4km	0509156740086	4162	DNF
	Itumeleng	Masimong	Academy of Excellence	B14-4km	0509085511087	4163	DNF
BOYS 15 - 4 km							
1	NYAKALLO	MATABANE	ESKOM A/C FREE STATE	B15-4km	0409245474088	1744	13,26
2	TSHEPANG	LEMAO	HTS LOUIS BOTHA	B15-4km	0403145083081	3421	13,31
3	Pau	Mohau	Senakangwedi SS	B15-4km	0403045587082	3455	14,15
4	BAKWENA	KOROLOSO	HTS LOUIS BOTHA	B15-4km	0407226143086	3423	14,38
5	Armand	Herbst	Sentraal Sek	B15-4km	0410085132083	3294	14,40
6	Johan	Botha	Grey Sekondêr	B15-4km	0401225119080	4111	14,42
7	ASHLEIGH	SHAW	Aliwal North H S	B15-4km	0401055713085	3744	15,06
8	Thato	Mokone	Nedbank Fast Legs R C	B15-4km	0402256134089	2154	15,18
9	Estie	Maema	Kopanong AC	B15-4km		526	15,24
10	Franco	Van Rooyen	Jim Fouche HS	B15-4km	0404125124085	3897	16,39

11	Marco	Van den Berg	Grey Sekondêr	B15-4km	040430	4490	16,47
12	Lehlohonolo	Mphi	Academy of Excellence	B15-4km	0411295528086	4176	16,55
13	FRANCO	DU TOIT	Aliwal North H S	B15-4km	0401265093088	3745	16,57
14	Wickus	Joubert	President Steyn	B15-4km	0407295196080	3628	17,10
15	Isaac	Chingange	Dr Viljoen C/S	B15-4km	0405306108086	3463	17,24
16	Thembelihle	Mani	HTS LOUIS BOTHA	B15-4km	0409195130086	3445	17,35
17	Oreratile	Phala	Academy of Excellence	B15-4km	0408205506087	4177	18,00
18	Nathan	Olifant	Edenhoogte PS	B15-4km	0505226323085		18,57
19	Robert	Stallenberg	Edenhoogte PS	B15-4km	0502256479085	1412	19,03
20	Gustin	Rossouw	Jim Fouche HS	B15-4km	0408175128086	4613	19,04
BOYS 16 - 6 km							
1	KAMOHELO	MONYATSI	ESKOM A/C FREE STATE	B16-6km	0306063958057	1705	20,23
2	Vuyo	Mkhumbeni	Lereko SS	B16-6km	0310036103086	4383	20,32
3	TSHEPISO	LEMAO	HTS LOUIS BOTHA	B16-6km	0301235263083	3424	20,38
4	TSHIAMO	MOAGI	HTS LOUIS BOTHA	B16-6km	0309035326086	3425	20,52
5	Nkosinathi	Ncaphayi	Lereko SS	B16-6km	0305225554081	4382	21,33
6	KATLEHO	NTHAKO	PETUNIA	B16-6km	0311045923084	4430	22,34
7	LEBOHANG	DE KLERK	PT SANDERS C/S	B16-6km	0305185295089	3974	22,34
8	Lean	Uys	Grey Sekondêr	B16-6km	0312125198084	4633	23,20
9	KATLEGO	GOPANE	HTS LOUIS BOTHA	B16-6km	0302215825086	3427	23,47
10	Paballo	Kuenane	Relebeletse School	B16-6km	0308156184084	4486	24,37
11	Vuyisile	Majese	Relebeletse School	B16-6km	0305116024087	4485	24,38
12	Nathan	Mohale	Ons Kinderhuis RC	B16-6km	0302145732087	3776	24,42
13	Thato	Makhanya	Ad Laudem	B16-6km	0312145979083	4202	24,43
14	Waylen	Van Rayne	Heatherdale	B16-6km	0301076063082		26,49
15	Kananelo	Shellie	Ladybrand High School	B16-6km	0306065157084		28,00
16	Rueben	Ruiters	Heatherdale	B16-6km	0303125486082		29,25
	Vusumuzi	Ndaba	Ad Laudem	B16-6km	0306015039085	4204	DNF
BOYS 17 - 6 km							
1	Mopeli	Mopeli	Nedbank Fast Legs R C	B17-6km	0204115682088	2191	19,40
2	Itumeleng	Shai	Lereko SS	B17-6km	0211015110086	4491	20,25
3	SANDILE	KHETSI	ESKOM A/C FREE STATE	B17-6km	0205085812084	1702	20,28
4	NKOSIYABO	MINI	PETUNIA	B17-6km	0203125043085	4432	21,29
5	Nkosana	Shibane	Lereko SS	B17-6km	0204055351082	4387	21,46
6	Thapelo	Mohlomi	Madikgetla PS	B17-6km	0210165758082		23,15
7	GIFT	MBOXWANA	HTS LOUIS BOTHA	B17-6km	0202165966088	3431	23,35
8	LUVUYO	MNENO	HTS LOUIS BOTHA	B17-6km	0201166314082	3432	23,35
9	James	Chingange	Dr Viljoen C/S	B17-6km	0205135498082	3462	23,42
10	Henro	Van Rooyen	Jim Fouche HS	B17-6km	0204295051080	3185	23,54
11	Boitumelo	Mochace	Heatherdale	B17-6km	0200165309082		24,08
12	Sipho	Bulawa	Lereko SS	B17-6km	0209035218080	4384	24,09
13	Given	Nyathi	HTS LOUIS BOTHA	B17-6km	0209125087087	3447	25,22
14	Thato	Motsuemane	Ad Laudem	B17-6km	0202275285080	4201	26,32
15	Nielbert	Mostert	Sentraal Sek	B17-6km			26,41
JUNIOR MEN - 8 km							
1	THABANG KGO	MATHOSA	ESKOM A/C FREE STATE	JM-8km	0106135451081	1707	26,50
2	REATILE	TLHABANKWE	HTS LOUIS BOTHA	JM-8km	0104085090086	3441	27,20
3	RETSHEDISITSW	SHAI	HTS LOUIS BOTHA	JM-8km	0009205358082	3439	27,59
4	Moshe	Motoung	PAMOJA A.C	JM-8km	0106255364080	1789	28,03
5	Motaung	Choane	Nedbank Fast Legs R C	JM-8km	0103236376085	2197	28,48
6	Andile	Khasu	Transnet	JM-8km	0012135051080	274	29,25
7	HEINWEN	LONG	PETUNIA	JM-8km	0112035043085	4431	30,33
8	Leloko	Sala	PAMOJA A.C	JM-8km	0102226336083	1791	31,19
9	DIRK	SEEKOEI	PT SANDERS C/S	JM-8km	0103016539084	3975	31,30

10	Jameson	Peterson	Kopanong AC	JM-8km	0112075815087	3666	33,10
11	Tristan	Van Wyk	Jim Fouche HS	JM-8km	0104025113085	4065	36,57
GIRLS 14 - 4 km							
1	Carlise	Botha	Jim Fouche HS	G14-4km	0508260200086	2929	16,35
2	Lize	Ackerman	Fichardtpark HS	G14-4km	0503230227087	1983	17,03
3	Selebogo	Monyaki	ESKOM A/C FREE STATE	G14-4km	050712		17,10
4	Danielle	Joubert	ORANJE MS Sek	G14-4km	0510190232080	4241	17,49
5	Michelle	du Toit	ORANJE MS Sek	G14-4km	0501100126082	2571	18,36
6	Joané	De Bruyn	Martie Du Plessis	G14-4km	0503101630081	3900	18,54
7	Nthabiseng	Soaisa	Toka PS	G14-4km	0508111310084	4276	18,55
8	Dominique	Snyman	Jim Fouche HS	G14-4km	0505310253081	3889	19,17
9	RENEILOE	MASILO	BOTLEHADI PS	G14-4km	0506090207081	4449	19,27
10	Marlé	Van der Merwe	Jim Fouche HS	G14-4km	0508040285084	3683	20,52
11	Makhutso	Mathoma	Laerskool Sentraal Prim	G14-4km	0510140441088	3867	20,52
12	KARABO	MKROLA	BOTLEHADI PS	G14-4km	0604040367087	4454	20,54
13	LERATO	LEBAKA	PETUNIA	G14-4km	0509230343089	4440	21,32
14	Amu-Lee	Beukes	Ons Kinderhuis RC	G14-4km	0505050692084	1627	21,38
15	Asmarelda	Louw	PT SANDERS C/S	G14-4km	0505310569080	4473	22,07
16	Matshidiso	Tsolo	Dr Viljoen C/S	G14-4km	0507190864086	4328	23,06
17	Tshegofatso	Mahamotse	Dr Viljoen C/S	G14-4km	0509240381087	3459	24,16
18	Tenika	du Plessis	Jim Fouché Prim Skool	G14-4km	0512300091083		24,31
19	Neo	Matekane	Academy of Excellence	G14-4km	0503140147086	4175	24,45
20	Kutloano	Kotelo	Academy of Excellence	G14-4km	0510030054082	4168	24,48
21	Mpho	Mpholo	Dr Viljoen C/S	G14-4km	0507150108086	4330	25,05
22	Eunike	Venter	Fichardtpark HS	G14-4km	0502250126088	1978	25,08
23	Ipeleng	Mokgadi	PETUNIA	G14-4km	051016	4439	25,21
24	Lou-Mari	Mielman	Jim Fouche HS	G14-4km	0508050921081	3892	26,27
25	Katinka	Scherman	Jim Fouche HS	G14-4km	0504050144089	3898	26,28
26	Nomathemba	Boom	Grassland P/S	G14-4km	0508201126085	2084	27,55
27	Iyaneza	Mrubata	PETUNIA	G14-4km	050418	4436	27,59
28	Rethabile	Masakala	PETUNIA	G14-4km	050416	4438	30,03
GIRLS 15 - 4 km							
1	NOMHLE	JULIE	HTS LOUIS BOTHA	G15-4km	0406081032087	3418	15,14
2	Itumeleng	Blou	ByGrace	G15-4km	0403291469084	4517	15,51
3	Nonkululeko	Veli	ESKOM A/C FREE STATE	G15-4km	0404221029089	2157	16,05
4	Valeska	van Zyl	EUNICE HIGH SCHOOL	G15-4km	0410290065086	2590	16,43
5	Carrissa	Erasmus	Jim Fouche HS	G15-4km	0408270066082	2809	17,17
6	San-marie	Groenewald	President Steyn	G15-4km	0406110193082	3629	17,32
7	Alex	Klopper	ORANJE MS Sek	G15-4km	0404230096087	4238	17,42
8	Kayleigh	Geel	EUNICE HIGH SCHOOL	G15-4km	0403250046089	4881	17,54
9	Busisiwe	Mkweta	Laerskool Sentraal Prim	G15-4km	0407130415083	3868	18,53
10	Jana	Du Plessis	ORANJE MS Sek	G15-4km	0402050103082	4235	20,32
11	Nkosazana	Basholo	Academy of Excellence	G15-4km	0402280128081	4169	22,38
12	Amé	BYLEVELD	Aliwal North H S	G15-4km	0406260721088	3750	22,43
13	Katlego	Setilo	Dr Viljoen C/S	G15-4km	0408171360089	3460	22,50
14	Sharmain	Mokoena		G15-4km	050701	4435	23,48
15	Megan	Deminey	Ons Kinderhuis RC	G15-4km	0404150089088	1626	24,18
16	Lerato	Mokhoea	Academy of Excellence	G15-4km	0409270799086	4167	24,48
17	Nthabileng	Mpulampula	Kopanong AC	G15-4km	050408	522	26,59
18	Sanna	Samuel	Kopanong AC	G15-4km	050510	529	27,59
19	Sinethemba	Duma	Academy of Excellence	G15-4km	0411250280087	4161	29,27
20	Ronne	Beukes	Kopanong AC	G15-4km	050521	528	33,16
GIRLS 16 - 4 km							
1	Bantshabile Eliz	Shoaloi	Nedbank Fast Legs R C	G16-4km	0305210151083	2190	17,40

2	Lizri	Weyers	EUNICE HIGH SCHOOL	G16-4km	0309040086089	4878	17,59
3	Mianda	Nel	Fichardtpark HS	G16-4km	0310170100088	3119	18,18
4	Bongeka	Qhwema	Nedbank Fast Legs R C	G16-4km	0303271382085	2201	18,33
5	Caylin	De Andrade	ORANJE MS Sek	G16-4km	0312250088086	4229	18,57
6	Kristen	Redelinghuys	EUNICE HIGH SCHOOL	G16-4km	0311040072085	1971	18,57
7	Anke	Weyers	EUNICE HIGH SCHOOL	G16-4km	0309040087087	4879	19,08
8	Sebiene	Le Roux	ORANJE MS Sek	G16-4km	0312030072085	3481	19,41
9	Amalia	Rodrigues	Sentraal Sek	G16-4km	0301240047086		19,41
10	Dehanie	Bronkhorst	Sentraal Sek	G16-4km	0310100104085		20,59
11	MARTISA	WELGEMOED	Aliwal North H S	G16-4km	0301110062082	3752	21,21
12	NALEDI	TSUMELA	PETUNIA	G16-4km	0311180193089	4444	21,32
13	Mage	Troskie	ORANJE MS Sek	G16-4km	0305140046080	4228	21,40
14	Fatima	Harnoster	Kopanong AC	G16-4km	0304190345082	2664	22,41
15	Bohlale	Malimane	EUNICE HIGH SCHOOL	G16-4km	0302190074088		23,48
16	Karlize	Fivaz	ORANJE MS Sek	G16-4km	0305050061087	4231	26,37
GIRLS 17 - 4 km							
1	Lienke	Snyman	ORANJE MS Sek	G17-4km	0206260120087	4218	15,57
2	Jody	Maclachlan	EUNICE HIGH SCHOOL	G17-4km	0207190090085	4880	17,30
3	Lerato	Lesia	Lereko SS	G17-4km	0210040162088	4385	18,28
4	Marianne	Du Plessis	ORANJE MS Sek	G17-4km	0201030143089	4220	19,31
5	Elani	van Pletzen	ORANJE MS Sek	G17-4km	0212010065085	4227	21,41
6	Zakiyya	Dhupli	St Michael's	G17-4km	0208200288081	4868	23,24
7	Christine	van Heerden	ORANJE MS Sek	G17-4km	0212190458084	4223	23,31
8	BOITUMELO	BAARTMAN	PETUNIA	G17-4km	0201250110081	4442	23,33
JUNIOR WOMEN - 6 km							
1	Vicky	Oelofse	Univ Free State	JW-6km	0010090076083	869	24,14
2	Chandré	Erasmus	Jim Fouche HS	JW-6km	0112310040087	2808	28,56
3	THEMBELA	NJILI	PETUNIA	JW-6km	9905080437081	4445	31,04
4	KEAMOGETSWI	STEFANS	PETUNIA	JW-6km	0104231246081	4446	33,10
MEN 22 - 4 km							
1	Nope	Moleyane	Univ Free State	M22-4km	9803246344087	1891	12,22
2	Motlatsi	Ntsasa	Nedbank Fast Legs R C	M22-4km	9805056017083	2193	12,33
3	Modupe Johanna	Mathe	Nedbank Fast Legs R C	M22-4km	9906226422086	2153	12,42
4	Kagisho	Mpunzi	Bultfontein AC	M22-4km	9912135092085	4409	12,54
5	Mpumelelo	Mdi	CUT	M22-4km	9703075126086	1659	12,59
6	Sphamandla	Mhlophe	Univ Free State	M22-4km	9907115892082	734	13,07
7		Balula	CUT	M22-4km	9811275114081		13,13
8	Tole	Mzwakhe	Atang Primary School	M22-4km	9905036451087	4357	13,20
9	Nkosinathi	Lushaba	Univ Free State	M22-4km	9710095728080	776	13,25
10	Heinrich	Bruhns	Univ Free State	M22-4km	9802175195080	868	13,27
11	GHURSWUND	BAAIPANEE	PETUNIA	M22-4km	0002035108089	4434	13,34
12	Omphile Katlego	Moilwa	Nedbank Fast Legs R C	M22-4km	9905185518082	2198	13,37
13	Oratile	Molale	Univ Free State	M22-4km	9703155528086	714	14,17
14	Thabiso	Mphomela	CUT	M22-4km	9711105436086	1672	14,24
15	Sonwabile	Majola	Dr Viljoen C/S	M22-4km	0102265199087	3465	14,48
16	Ronaldo	Schoonwyk	Heatherdale	M22-4km	0006245340085		15,12
17	Litabe	Rantsho	Nedbank Fast Legs R C	M22-4km	9710165530085	2160	15,22
18	Mighty	Nyalung	HTS LOUIS BOTHA	M22-4km	0102225234084	3437	15,57
19	Kgothatso	Lithakong	Dr Viljoen C/S	M22-4km	0012115329083	3464	16,34
20	Leringo	John	Heatherdale	M22-4km	0103135080085		17,37
21	Clive	Oerson	Heatherdale	M22-4km	0003296108081		17,55
22	Motebang	Raliile	Ladybrand High School	M22-4km	0107106189080		18,05
23	Phara	Lebeoane	Univ Free State	M22-4km			18,40
24	Sekani-Saseka	Jobodwana	Univ Free State	M22-4km	9703045643087	729	18,47

25	Keenan	Cloete	Jim Fouche HS	M22-4km	0202235063080	1981	19,45
26	Marnus	Cornelissen	Sentraal Sek	M22-4km	0103015071089		19,49
27	Arno	Rossouw	Fichardtpark HS	M22-4km	0008015085080	3688	20,38
MEN 35 - 39 - 8 km							
1	Claus	Kempen	Univ Free State	M35-39	8403245035082	873	30,16
2	Sam	Marx	Univ Free State	M35-39	8111305024082	846	33,21
MEN 40 - 44 - 8 km							
1	Pakiso	Pedi	Transnet	M40-44	7806145276088	3784	28,11
2	Francois	Saayman	St Michael's	M40-44	7710145008089	4877	34,25
3	David	Koloane	Old Mutual	M40-44	7607125421086	2039	35,00
4	SPHAMANDLA	KHOZA	MOTHEO DEVELOPMEN	M40-44	7904115457080	3415	35,16
5	Dewald	Van Rooyen	Univ Free State	M40-44	7806105031085	1900	37,53
6	Kgantlapane	Rammutle	Kopanong AC	M40-44	7412025695081	3319	38,46
7	Thomas	Ashkettle	Univ Free State	M40-44	7710225039087	803	39,40
MEN 45 - 49 - 8 km							
1	Majake	Hlabahlaba	Sibanye Still Water	M45-49	7404235625081	4020	27,41
2	Norman	Modise	Old Mutual	M45-49	73102357827084	2040	34,02
3	Aldo	Roelofse	Univ Free State	M45-49	7307155117080	710	36,07
6km	NDUMISO MAT	MVAMBO	MOTHEO DEVELOPMEN	M45-49	7008265458089	3414	25,22
MEN 50 - 54 - 8km							
1	Kgosietsile	Shuping	PAMOJA A.C	M50-54	6712105668085	361	27,59
2		Morapedi	UNISA	M50-54	6901265386089	7040GP	31,17
3	Renier	Brönn	Pentagon Pistols	M50-54	6705035032083		37,45
4	Andre	Bartleman	Univ Free State	M50-54	6511205011083	1875	38,14
5	Graham	Maclachlan	Pentagon Pistols	M50-54	6711145105082	613	39,38
MEN 55 -59 - 8 km							
1	Paul	Visser	Univ Free State	M55-59	6206095105083	830	18,36
2	Selvy Pati	Lintikle	Transnet	M55-59	6403015831084	264	32,15
3	Jorrie	Jordaan	Bfn Achilles	M55-59	6207035061089	188	45,47
MEN 60 - 64 - 6 km							
1	Basil	Kinghorn	Bfn Achilles	M60-64	5405265053088	150	29,14
2	Aloysius	Eybers	Brotherhood	M60-64	5405235028087	7649GP	31,35
MEN 65 - 69 - 6 km							
1	Michael	Roos	Bloemfontein Striders	M65-69	5206025059088	2278	32,54
MEN 75 - 79 - 6km							
1	Mokwenogi Joh	Maputle	Nedbank Fast Legs R C	M75-79	4301085511085	2215	33,34
SENIOR MEN 10 km							
1	Thabo	Sebotsa	MOTHEO DEVELOPMEN	SM10km	9803025503085		31,20
2	ANASTACIUS	ONTONG	ESKOM A/C FREE STATE	SM10km	9301135038084	309	31,48
3	GODFREY LEHL	RAMOKONE	ESKOM A/C FREE STATE	SM10km	8505125724088	1748	32,17
4	Daniel	Rampai	Univ Free State	SM10km	9708285446083	861	33,02
5	Tebogo	Mofole	Transnet	SM10km	9012066192085	275	33,09
6	Kgotso	Moepeng	FS Health Club	SM10km	010605(74154674	4372	33,30
7	THAPELO MOST	MODULA	ESKOM A/C FREE STATE	SM10km	9602155517083	1703	33,38
8	Llewellyn	Coleman	Univ Free State	SM10km	9803225025087	749	33,56
9	Tshepo	Nyapotse	Kopanong AC	SM10km	8707095405082	1371	34,03
10	ZWENE SAMUE	MORENG	ESKOM A/C FREE STATE	SM10km	8712065677082	1749	34,18
11	Mohapi William	Lebusho	SANDF	SM10km	9102286216085	27	34,34
12	TSHIDISO	TSOLO	ESKOM A/C FREE STATE	SM10km	8803141268080	312	34,53
13	Xavier	Adams	Univ Free State	SM10km	9511025516086	886	34,57
14	Thagang	Moepeng	FS Health Club	SM10km	010319	4371	36,01
15	Nkosinathi	Singonzo	FS Health Club	SM10km	8506095229082	1845	36,01
16	Neo	Seleteng	Univ Free State	SM10km	9703165606088	706	36,15
17	Mzamo	Mangaliso	Transnet	SM10km	8606305841088	33	38,45

SENIOR MEN 4 km							
1	AYABONGA	MAVUSO	ESKOM A/C FREE STATE	SM4km	9603245891082	317	12,27
2	Busa	Tsotetsi	CUT	SM4km	9604215952086	1900	13,13
3	Keogotsitse	Moholo	FS Health Club	SM4km	9104285860087	3924	13,21
4	Matthew	Russell	Univ Free State	SM4km	9609065062084	716	13,22
5	Kamohelo	Morobi	Nedbank Fast Legs R C	SM4km	9904175896087	2157	13,26
6	Hannes	Naude	Univ Free State	SM4km	9003145109083	769	13,43
7	LOKI JOSAI	DIRADINGOE	ESKOM A/C FREE STATE	SM4km	8603036684085	1713	13,47
8	Bennie	Prinsloo	Univ Free State	SM4km	9505165241083	800	13,48
9	David	Moliselwa	ESKOM A/C FREE STATE	SM4km	8912256350081	2933	14,03
10	Richard	Moeti	Mangaung AC	SM4km	8706305454088	3455	14,21
11	Pule	Hlabahlaba	Mangaung AC	SM4km	8211285623088	1716	14,28
12	Wilfred	Leeuw	SAPS	SM4km	8306035948085	1759	14,38
13	Edgar	Malakoame	Univ Free State	SM4km	8605095394084	735	14,58
14	Gilbert	Pongwana	Athletics FS	SM4km	8908195247081	4632	14,59
15	Johan	Swanepoel	Univ Free State	SM4km	9003315033089	839	15,08
16	Piet	SeSedinyana	FS Health Club	SM4km	900728	4370	15,11
17	Wikus	Vorster	Univ Free State	SM4km	7101105061088	768	15,12
18	Jacobus	Bronn	Univ Free State	SM4km	9408215079084	1889	15,19
19	Donsen	Dangala	Univ Free State	SM4km	9608315200080	746	16,00
20	Flippie	Kotze	Univ Free State	SM4km	6901195009082	793	16,14
21	Danie	Breitenbach	Univ Free State	SM4km	9409115077087	781	17,23
22	Barry	Williams	Univ Free State	SM4km	6910030572085	789	17,23
23	Tshepo	Thejane	FS Health Club	SM4km	9712145180081	3921	17,28
24	Mpho	Nkoala	Univ Free State	SM4km	9610040318088	735	17,33
25	Vic	De Bruyn	Individueel	SM4km	740611		18,40
26	Gideon	Slabbert	FS Health Club	SM4km	6812115111082	2097	23,39
27	Tebogo Dennis	Mosese	MOTHEO DEVELOPMENT	SM4km	8701095272089	3411	24,40
SENIOR WOMEN 10 km							
1	Tyler	Beling	Univ Free State	SW10km	9908240019088	865	37,55
2	Anna	Moeketsi	ByGrace	SW10km	8509250543081	2434	39,25
3	Maude-Elaine	Le Roux	Univ Free State	SW10km	9701220201085	797	41,10
4	Maryna	Swanepoel	ESKOM A/C FREE STATE	SW10km	8607240003081	314	43,08
5	Maryna	Kamfer	Univ Free State	SW10km	980513 BN066000	807	43,50
6	Sandi	Van Heerden	Univ Free State	SW10km	9901140154089		53,07
SENIOR WOMEN 4 km							
1	Carlyn	Coertzen	Phobians (AGN)	SW4km	9009270865084	5088GP	14,26
2	Marne	Mentz	Univ Free State	SW4km	9605280026086	821	15,16
3	Portia	Ramolahlane	CUT	SW4km	9306240814089	1663	17,48
4	Jayme	Vermaas	Individueel	SW4km	9802120292081		18,00
5	Yolandi	Fourie	Bfn Achilles	SW4km	8603040015086	121	23,01
WOMEN 22 - 4 km							
1	Lizandre	Mulder	Univ Free State	W22-4km	9705130190080	796	15,22
2	Zelda	Van der Merwe	Univ Free State	W22-4km	9909270039087	759	16,03
3	REFILOE PORTI	KARREBOS	ESKOM A/C FREE STATE	W22-4km	9707010723089	3120	17,08
4	Anke	Bronn	Sentraal Sek	W22-4km	0110220131087	3268	17,15
5	Tara-Lea	Van Zyl	Univ Free State	W22-4km	9801200115089	755	17,17
6	Arina	Nicolaisen	ORANJE MS Sek	W22-4km	0009040112089	815	17,55
7	Zanie	Labuschagne	Univ Free State	W22-4km	0002070263088	727	18,07
8	Charne	Weyers	EUNICE HIGH SCHOOL	W22-4km	0109010082088	4884	18,45
9	Thandi Confide	Ntsoeu	Nedbank Fast Legs R C	W22-4km	0103151177088	2159	18,48
10	Calista	Engelbrecht	Sentraal Sek	W22-4km	0109080078081	3267	18,56
11	Tammy	Cloete	ORANJE MS Sek	W22-4km	0111260077081	2566	18,58
12	Mia	Pretorius	ORANJE MS Sek	W22-4km	0102010073082	3118	20,27

13	Heideli	Du Plessis	Univ Free State	W22-4km	9709120065088	758	20,40
14	Fifi	Molokane	ORANJE MS Sek	W22-4km	01082002850089	4214	21,55
15	Nicola	Jordaan	EUNICE HIGH SCHOOL	W22-4km	0101190113080	3378	22,41
16	Onalema	Goliath	St Michael's	W22-4km	0102280229083	4528	24,24
17	Angelique	McAslin	Jim Fouche HS	W22-4km	0012030142082	3687	27,07
18	Kombe	Chiwila	St Michael's	W22-4km	010919 (Botswana)	4863	29,09
WOMEN 35 - 39 - 4km							
1	Angelique	Van der Merwe	Pentagon Pistols	W35-39	7906120073086	650	17,26
2	Elmarie	Brand	SANDF	W35-39	8210280055085	1715	18,23
3	Carike	Swart	Univ Free State	W35-39	8202140005087	701	18,50
4	Marieta	Marx	Univ Free State	W35-39	8412040064080	845	21,31
WOMEN 40 - 44 - 4 km							
1	Paulina	Njeya	Univ Free State	W40-45	7709041091082	898	15,18
2	Leana	Esterhuizen	Bloemfontein Striders	W40-45	7408190070084	1510	17,42
3	Marina	Krause	Univ Free State	W40-45	7410220009082	880	19,50
WOMEN 45 - 49 - 4 km							
1	Sunet	Nicolaisen	Univ Free State	W45-49	6910110018086	820	17,57
2	Mercia	Pretorius	Transnet	W45-49	7109170270088	259	19,07
3	Carolise	Jacobs	Transnet	W45-49	7301230065083	251	19,59
4	Jeanette	Maclachlan	Pentagon Pistols	W45-49	7002060071080	612	20,12
5	Karliën	Van der Merwe	Bloemfontein Striders	W45-49	7404030007089	1504	22,32
6	Liesl	Brönn	Pentagon Pistols	W45-49	6909070193087	2740	22,35
WOMEN 50 - 54 - 4 km							
1	Rozelle	Cloete	Univ Free State	W50-54	6805300038086	786	17,38
WOMEN 60 - 64 - 4km							
1	Lynette	Fischer	Phobians (AGN)	W60-64	5807200137084	5000GP	17,32
WOMEN 65 - 69 4 km							
1	Motswamasim	Maputle	Nedbank Fast Legs R C	W65-69	5011230804082	2214	29,23
WOMEN 75 - 79 - 4km							
1	Willemien	Smuts	SANDF	W75-79	4103300014089	2945	24,06