

BLOEMFONTEIN CROSS COUNTRY LEAGUE 1

782

3 May 2019  
ALL ATHLETES

Pos	Name	Surname	School	Age	ID	Licence	Time
<b>BOYS 8 - 1 km</b>							
1	Thato	Manyeane	Relebeletse School	B8-1km	1108086466083	4511	4,21
2	Ludwig	Knauff	Grey Primary	B8-1km	1110285135088	4619	4,29
3	Andries	Van Tonder	Willem Postma	B8-1km	110823 5096 088	3613	4,31
4	Brink	Linde	Grey Primary	B8-1km	110628 5219 089	2684	4,34
5	Aiden	Zwiegelaar	Grey Primary	B8-1km	110630 5242 087	2676	4,35
6	Eicker	Van der Westhuizer	Willem Postma	B8-1km	110428 5265 087	3615	4,37
7	Stian	Smith	Grey Primary	B8-1km	110824 5335 088	3519	4,49
8	Stefan	De Vries	President Brand Sch	B8-1km	1109095139083	3674	4,55
9	RUAN	SANDER	FICHARDTPARK PRIN	B8-1km	1103075752080	4814	4,57
10	Mohau	Lebea	Grey Primary	B8-1km	1105305259083	3586	4,57
11	Luan	Potgieter	Grey Primary	B8-1km	110107 5163 084	2682	4,57
12	Erik	Du Plooy	Grey Primary	B8-1km	110505 5198 085	3522	4,59
13	Lutho	Spambo	Laerskool Sentraal P	B8-1km	1105205202084	3827	4,59
14	Luhandre	Bezuidenhoudt	Grey Primary	B8-1km	110207 5269 087	3520	4,59
15	Lesedi	Moagi	Kruiberg PS	B8-1km	1101196092089		5,03
16	Divan	Edeling	Grey Primary	B8-1km	121126 5940 082	2672	5,03
17	Rohan	Oosthuysen	Willem Postma	B8-1km	111230 5659 080	3610	5,07
18	RUWAN	VAN NIEKERK	FICHARDTPARK PRIN	B8-1km	1103295235080	4812	5,09
19	Stiaan	Le Roux	President Brand Sch	B8-1km	1106055336089	3668	5,11
20	Joubert	Haasbroek	Willem Postma	B8-1km	110710 5211 082	3614	5,20
21	JOAH	DE VILLIERS	FICHARDTPARK PRIN	B8-1km	1101055216084	4811	5,21
22	Adriaan	Barnard	Grey Primary	B8-1km	110617 5227 085	3523	5,23
23	IVAN	VAN TOL	FICHARDTPARK PRIN	B8-1km	1103235305084	4810	5,24
24	Reynhardt	Breytenbach	Grey Primary	B8-1km	110619 5205 087	2685	5,30
25	JEAN	VAN SCHALKWYK	FICHARDTPARK PRIN	B8-1km	1103145904083	4813	5,37
26	John	Snooke	Grey Primary	B8-1km	120513 5419 087	3524	5,38
27	Jaco	Van der Merwe	Grey Primary	B8-1km	1105105299081	2678	5,44
28	Keabetsoe	Lesaoana	Ad Laudem	B8-1km	1101285311085	4183	5,46
29	Marnus	Van Rensburg	Willem Postma	B8-1km	110523 5177 082	3612	5,49
30	Erick	Ryksen	Willem Postma	B8-1km	110412 5250 083	3609	5,49
31	Ruben	Marx	Universitas PS	B8-1km	1305145360089	4527	5,52
32	JANDRÉ	SCHOLTZ	FICHARDTPARK PRIN	B8-1km	1203075508084	4802	5,52
33	Stephan	Vlok	Grey Primary	B8-1km	110629 5349 082	4332	5,57
34	Dayle	Verster	Grey Primary	B8-1km	120320 5607 087	4260	5,57
35	JOHN	CONNOWAY	FICHARDTPARK PRIN	B8-1km	1203145368089	4806	6,03
36	Maria	Laranja	Ad Laudem	B8-1km	1104031455081		6,03
37	Kabelo	Lesaoana	Ad Laudem	B8-1km	1101285311085	4184	6,03
38	Kealeboga	Motlhakoana	Grey Primary	B8-1km	110310 5230 081	2691	6,12
39	Muller	Harrington	Grey Primary	B8-1km	111031 5382 081	2681	6,12
40	Johann	Grobler	Grey Primary	B8-1km	130116 5317 083	3529	6,15
41	Oratile	Leseo	Ad Laudem	B8-1km	1104015435083	4185	6,15
42	Orion	Chen	Grey Primary	B8-1km	120112 5504 087	2675	6,18
43	Mpho	Makao	Grey Primary	B8-1km		3599	6,18
44	Aiden	Fourie	Grey Primary	B8-1km	120802 5364 082	4261	6,18
45	Taylin	Van Niekerk	Grey Primary	B8-1km	120730 5818 080	2670	6,26

46	Chris	Van Wyk	Grey Primary	B8-1km	120323 5282 083	3532	6,26
47	Derik	Hechter	Grey Primary	B8-1km	111207 6045 089	3526	6,29
48	Bokang	Makhalemele	Laerskool Sentraal P	B8-1km	1110255203078	3825	6,32
49	Ben Otto	Crispin	Grey PS	B8-1km	1210035357080	3731	6,37
50	Boikanyo	August	Ad Laudem	B8-1km	1107265717084	4615	6,40
51	Zihan	Viljoen	Grey Primary	B8-1km	110219 5182 087	2688	6,43
52	DE VILLIERS	MYBURG	FICHARDTPARK PRIN	B8-1km	1206056077086	4808	6,45
53	Ernich	Pottas	Grey Primary	B8-1km	110531 5598 082	2679	6,48
54	Daniel	Jacobs	Grey Primary	B8-1km	120926 5539 086	2669	6,54
55	Willem	Jacobs	Grey Primary	B8-1km	140130 5289 083	3525	6,59
56	Johan	Mong	Willem Postma	B8-1km	120503 5338 080	3607	7,00
57	Sibongakonke	Twala	Ad Laudem	B8-1km	1106155265089	4196	7,03
58	Tristan	Bekker	Grey Primary	B8-1km	120502 5490 081	3531	7,06
59	Zidane	Jordaan	Ad Laudem	B8-1km	1104165734087	4617	7,06
60	Tendeko	Makaya	Ad Laudem	B8-1km	1212045312089	4187	7,10
61	Oliver	Roux	Willem Postma	B8-1km	110901 6561 084	3611	7,49
62	ETIENNE	ROSSOUW	FICHARDTPARK PRIN	B8-1km	1203226017084	4807	8,56
63	Otumiseng	Lekhu	Ad Laudem	B8-1km	1202025880080	4199	10,12
<b>GIRLS 8 -1km</b>							
1	Ava-Jane	Visser	Eunice Primary Scho	G8-1km	1109020251086	4130	5,03
2	Lisabelle	Beukes	Eunice Primary Scho	G8-1km	1108100173087	4124	5,03
3	Minke	Ferreira	Eunice Primary Scho	G8-1km	1202220403084	4114	5,11
4	Lameez	IsmailSeedat	Eunice Primary Scho	G8-1km	1101111599085	4122	5,27
5	Rethabile	Molakeng	Laerskool Sentraal P	G8-1km	1104210959085	3834	5,37
6	Lika	Linde	Oranje Primêr	G8-1km	110506 0251 085	3649	5,42
7	Luné	Van Zyl	Eunice Primary Scho	G8-1km	1104110624086		5,44
8	Elle	Gasson	Eunice Primary Scho	G8-1km	1106010585085	4128	5,47
9	Entle	Lesenyeho	Laerskool Sentraal P	G8-1km	1102150346081	3835	5,49
10	Nwabisa	January	Eunice Primary Scho	G8-1km	1112060446087	4125	5,55
11	VERNé	BRITZ	FICHARDTPARK PRIN	G8-1km	1205241025083	4805	5,57
12	Chélyn	Parkin	Eunice Primary Scho	G8-1km	1202031019087	4113	5,59
13		Beukman	Oranje Primêr	G8-1km	111206	4392	5,59
14	Olerato	Jacobs	Atang Primary Scho	G8-1km	1112030704086	4354	5,59
15	Lea	Van der Merwe	Tinktinkeiland	G8-1km	130120	4505	6,03
16	Danielle	Marx	Eunice Primary Scho	G8-1km	1106160194084	4129	6,03
17	Elani	Strydom	Willem Postma	G8-1km	110120 1432 080	3789	6,07
18	Kyra	Breitenbach	Eunice Primary Scho	G8-1km	1205310309087	4116	6,10
19	Isabella	Williams	Eunice Primary Scho	G8-1km	1206130133087	4120	6,12
20	Nelisiwe	January	Eunice Primary Scho	G8-1km	1112060447085	4126	6,12
21	LIANé	KOORTZEN	FICHARDTPARK PRIN	G8-1km	1111020487082	4809	6,15
22	Riley	Harris	Eunice Primary Scho	G8-1km	1104020116082	4123	6,20
23	Mosa	Seutloadi	Ad Laudem	G8-1km	1102280930085	4179	6,22
24	Nina	Van Aswegen	Willem Postma	G8-1km	110118 (PP)	3786	6,29
25	Theodosia	Mamorobela	Laerskool Sentraal P	G8-1km	1102030247087	3832	6,29
26	Nina	Van Aardt	Willem Postma	G8-1km	110223 0172 085	3791	6,32
27	Lynné	Van Tonder	Willem Postma	G8-1km	120828 0355 080	3785	6,32
28	Caitlin	Kingwill	Eunice Primary Scho	G8-1km	1208260226087	4121	6,36
29	Nina	Steyn	Willem Postma	G8-1km	111118 0238 085	3788	6,40
30	Anjé	De Kock	Willem Postma	G8-1km	110421 0447 081	3787	6,40
31	Marli	Hoffman	Sand du Plessis Prim	G8-1km	1212200142081		6,48
32	Zane	Joubert	Sand du Plessis Prim	G8-1km	1101290117089	4898	6,48
33	Alisha	Ihenacho	Laerskool Sentraal P	G8-1km	1107070548088	3829	6,56

34	Kiara	van Zyl	Eunice Primary Scho	G8-1km	1207180237083	4115	6,59
35	Malebo	Vollenhoven	Laerskool Sentraal P	G8-1km	1105170563080	3833	7,08
36	Madison	Hartle	Eunice Primary Scho	G8-1km	1203130478083	4118	7,10
37	Rachel-Ann	Vlok	Oranje Primêr	G8-1km	130114		7,53
38	Nomahlubi	Nondabula	Eunice Primary Scho	G8-1km	1105290999081	4127	9,10
39	Asithandile	Tsotetsi	Laerskool Sentraal P	G8-1km	1105100112081	3831	9,14
40	Waratoa	Motsoane	St Michael's	G8-1km	1101251481086	4874	9,57
41	Masego	Maphutha	St Michael's	G8-1km	1101090214086	4876	10,10
<b>BOYS 9 - 2 km</b>							
1	Wihan	Edeling	Grey Primary	B9-2km	100115 5998 088	2694	7,59
2	Devon	Reinders	Grey Primary	B9-2km	100409 5304 086	3506	8,03
3	Matthew	Kingwill	Grey Primary	B9-2km	100923 5153 087	4000	8,07
4	Daniel	Linde	Grey Primary	B9-2km	100214 5673 088	3507	8,24
5	Evano	Oosthuizen	Grey Primary	B9-2km	100623 5378 086	2698	8,27
6	Jaylynn	Seclave	Grey Primary	B9-2km	100505 5491 086	3502	8,38
7	Daniel	Van der Merwe	Grey Primary	B9-2km	100830 5210 082	3538	8,45
8	Darryn	Ontong	Ad Laudem	B9-2km	1005245126089	4182	8,49
9	Nathan	Ralph	Willem Postma	B9-2km	100821 5620 081	3617	8,59
10	Christoph	Brönn	Willem Postma	B9-2km	1001066490084		9,03
11	Pieter	Steyn	Willem Postma	B9-2km	100318 5913 087	3616	9,02
12	Themba	Charlie	Grey Primary	B9-2km	100220 6090 081	2696	9,11
13	Omolemo	Tshekoeng	Fauna Primary	B9-2km	1003265196082	3742	9,14
14	Tumelo	Lichaba	Grey Primary	B9-2km	100713 5352 080	3509	9,31
15	REHARD	BRITZ	FICHARDTPARK PRIN	B9-2km	1002235925083	4818	9,32
16	Andries	Steyn	President Brand Sch	B9-2km	1008085229088	3679	9,49
17	HANRU	VAN ZYL	FICHARDTPARK PRIN	B9-2km	1005065373084	4817	9,52
18	Unathi	Marumo	Ad Laudem	B9-2km	1009035298082	4616	9,57
19	Keabetswe	Tlhatlogi	Grey Primary	B9-2km	1002246544089	3546	10,00
20	Tidimalo	Van Wyk	Atang Primary Scho	B9-2km	1006255372084	4338	10,06
21	Olesego	Mophosa	Laerskool Sentraal P	B9-2km	1004245230082	3844	10,12
22	Fred	Euvrard	Grey Primary	B9-2km	100205 5766 088	3536	10,20
23	Jacques (JD)	Joubert	Universitas PS	B9-2km	1004235242089	3895	10,22
24	Katli	Tlelai	Grey Primary	B9-2km	100303 6121 088	3727	10,29
25	Helo	Chen	Grey Primary	B9-2km	100706 5398 087	2693	10,40
26	Frans Johan	Steynberg	Grey Primary	B9-2km	100503 5342 086	4258	10,44
27	Deyano	Sauls	Ad Laudem	B9-2km	1003156314083	4192	10,55
28	Onkgopotse	Ngo	Laerskool Sentraal P	B9-2km	1002205170082	3842	11,01
29	Lehlohonolo	Mathafeng	Laerskool Sentraal P	B9-2km	1003255314083	3838	11,13
30	Albert	Thabede	Laerskool Sentraal P	B9-2km	1003035355083	3843	11,13
31	Johann	Vlok	Grey Primary	B9-2km	100630 5507 085	3527	11,23
32	Lwazi	Domrulo	Ad Laudem	B9-2km	1001305569086	4181	11,23
33	Katlego	Melamu	Ad Laudem	B9-2km	1007025161088	4195	11,26
34	Lebohlang	Ramatsoele	Laerskool Sentraal P	B9-2km	1002035206080	3836	11,29
35	Kutlwano	Segojane	Laerskool Sentraal P	B9-2km	1011075564084	3839	12,00
36	CHRISTIAAN	MYBURG	FICHARDTPARK PRIN	B9-2km	1006165729084	4816	12,29
37	Olesego	Senakgomo	Laerskool Sentraal P	B9-2km	1003265554082	3837	12,50
38		Yssel	Willem Postma	B9-2km	100902	4623	13,27
39	Jacobus	Du Plessis	Grey Primary	B9-2km	101018 6127 088	2699	14,06
40	Atlehang	Makume	Laerskool Sentraal P	B9-2km	1011305330082	3841	14,30
<b>GIRLS 9 - 2 km</b>							
1	Omolemo	Motseki	Atang Primary Scho	G9-2km	1001180718089	4351	8,34
2	Michelle	Pienaar	Willem Postma	G9-2km	100301 1413 088	3796	8,53

3	Robyn	van Wyk	Eunice Primary Scho	G9-2km	1002080750081	4136	9,08
4	Chelsey	Flanegan	Eunice Primary Scho	G9-2km	1003290366080	4138	9,17
5	Lelanie	Jordaan	Universitas PS	G9-2km	1006020405086	1970	9,42
6	DIMPHO	MOLETE	BOTLEHADI PS	G9-2km	1002210469081	4447	9,49
7	Megan	Fourie	Eunice Primary Scho	G9-2km	1002030324086	4140	9,50
8	Jemma	Harrington	Eunice Primary Scho	G9-2km	1003010539081	4134	10,13
9	Liné	Grobler	Eunice Primary Scho	G9-2km	1004020268083	4137	10,19
10	Danike	Crause	Willem Postma	G9-2km	100804 0248 082	3795	10,29
11	Charne	May	Koot Niemann	G9-2km	1005200600084	4318	10,38
12	Jana	Loots	Willem Postma	G9-2km	100424 0132 085	3793	10,45
13	Busisiwe	Poni	Atang Primary Scho	G9-2km	1004060287084		11,02
14	Geopalelwe	Ratone	Koot Niemann	G9-2km	1003070728087	4311	11,03
15	Isobel	Orji	Eunice Primary Scho	G9-2km	1012021112085	4131	11,12
16	Mayssa	Malek	Eunice Primary Scho	G9-2km	101005	4139	11,38
17			Eunice Primary Scho	G9-2km	100622	4848	11,41
18	Tshepang	Mokgothu	Eunice Primary Scho	G9-2km	1006290363080	4132	12,12
19	Kyra	Beelders	St Michael's	G9-2km	1009280567082	4873	12,32
20	Alexa	Lodewyk	Eunice Primary Scho	G9-2km	1010210479083	4135	12,51
21	Chloe	Strydom	Eunice Primary Scho	G9-2km	1002190699087	4141	12,57
22	Emma	Jacobs	Eunice Primary Scho	G9-2km	1003010539081	4133	13,11
23	Matshediso	Mahase	Laerskool Sentraal P	G9-2km	1009161008081	3850	13,47
24	Benevolent	Moreo	Laerskool Sentraal P	G9-2km	1007120397082	3849	14,00
25	Danielle	Barnard	Sand du Plessis Prim	G9-2km	1002170293083	4900	14,00
26	Yuané	Weideman	Willem Postma	G9-2km	101117 0231 084	3794	14,34
<b>BOYS 10 - 2 km</b>							
1	Manny	Wilson	Grey Primary	B10-2km	090330 5963 089	3512	7,36
2	Marko	Bosch	Grey Primary	B10-2km	090904 5376 086	3728	7,48
3	Molemo	Phenethe	Relebeletse School	B10-2km	0903095990086	4498	7,49
4	Reynaldo	Uys	Grey Primary	B10-2km	0910265424085	3872	7,50
5	Christiaan	Beukman	Grey Primary	B10-2km	091211 5601 086	3511	8,03
6	Jean-Louis	Ceronio	Universitas PS	B10-2km	0905275265080	3686	8,05
7	Siphiwe	Dlakane	Relebeletse School	B10-2km	0903155743086	4497	8,19
8	Hayden	Gooch	Grey Primary	B10-2km	090403 5258 089	4255	8,24
9	Siphokuhle	Mathiso	Toka PS	B10-2km	0906195208085	4262	8,31
10	Tshepo	Lebusho	Koot Niemann	B10-2km	0910315844084	4295	8,37
11	Keagan	Van Rensburg	Grey Primary	B10-2km	0911276300082	4624	8,39
12	Aldo	Roodt	Universitas PS	B10-2km	0908035330087	3373	8,45
13	Gontse	Mosoou	Toka PS	B10-2km	0904155553087	4265	8,56
14	Nakedi	Boikanyo	Atang Primary Scho	B10-2km	0908215765086	4348	8,57
15	ENZO	VAN WYK	FICHARDTPARK PRIN	B10-2km	0908115414082	3894	8,59
16	Gereld	Melato	Koot Niemann	B10-2km	0902066490084	4299	9,10
17	Molai	Molai	Atang Primary Scho	B10-2km	0904125766082	4353	9,13
18	Jacques	Bawden	President Steyn	B10-2km	0904025597082	3633	9,20
19	Letshego	Leeuw	Koot Niemann	B10-2km	0906215881085	4304	9,24
20	WD	Oosthuizen	Willem Postma	B10-2km	090804 5176 082	3620	9,26
21	Khothatso	Maqakalana	Koot Niemann	B10-2km	0912255248086	4296	9,30
22	Jeanré	Adendorff	Willem Postma	B10-2km	090218 5191 084	3618	9,32
23	Phillip	Le Roux	Willem Postma	B10-2km	090106 5786 088	3619	9,33
24	ETIENNE	DE BEER	FICHARDTPARK PRIN	B10-2km	0909275328088	4828	9,38
25	Tshepiso	Molefe	Toka PS	B10-2km	0906195647084	4274	9,50
26	Tshepang	Molefe	Toka PS	B10-2km	0906195646086	4263	9,53
27	WIHAN	DE LANGE	FICHARDTPARK PRIN	B10-2km	0903315633086	4830	9,53

28	Damian	Crause	Willem Postma	B10-2km	090624 5139 082	3621	9,55
29	JEAN	DE MEYER	FICHARDTPARK PRIN	B10-2km	0902185546089	4829	10,09
30	Dian	Van Rooyen	Grey Primary	B10-2km	090112 5248 087	3513	10,16
31	Joubert	Ryksen	Willem Postma	B10-2km	090109 5197 082	3622	10,19
32	Vusimuzi	Mtjale	Ad Laudem	B10-2km	0911145142087	4188	10,40
33	Seth	Ihenacho	Laerskool Sentraal P	B10-2km	0908055196087	3851	10,40
34	Karabelo	Khoarane	Ad Laudem	B10-2km	0903205221083	4189	11,04
35	Cameron	Shebe	Brandwag Primary	B10-2km	0905016107088	4247	11,12
36	Reikanne	Mokhua	Brandwag Primary	B10-2km	0908245324086	4248	11,12
37	EBEN	ELS	FICHARDTPARK PRIN	B10-2km	0908275216087	4831	11,27
38	Realeboha	Moiloa	Toka PS	B10-2km	0912206024081	4264	11,33
39	CRONJé	MEINTJIES	FICHARDTPARK PRIN	B10-2km	0904035504086	4825	11,54
40	Ilitha	Makiki	Ad Laudem	B10-2km	0912225201082	4193	13,05
41	Thabo	Moepane	Laerskool Sentraal P	B10-2km	0911055195083	3762	13,47
42	Janeske	Barnard	Sand du Plessis Prim	B10-2km	0905110198082	3759	14,10
43	Lathitha	Makiki	Ad Laudem	B10-2km	0912225199088	4198	15,23
44	Ethan	Rajaram	Ad Laudem	B10-2km	0912146083080	4194	15,25
<b>GIRLS 10 - 2 km</b>							
1	Dimpho	Thubela	Fauna Primary	G10-2km	0905010990083	3741	8,50
2	Monyetsane	Relebohile	Atang Primary Scho	G10-2km	0912260662081	4341	9,13
3	Mienka	De Kock	Willem Postma	G10-2km	090413 0271 086	3797	9,42
4	Camilyn	Parkin	Eunice Primary Scho	G10-2km	0909150305086	4142	9,50
5	CATHLI-ANN	JOUBERT	FICHARDTPARK PRIN	G10-2km	0905180381089	4827	9,50
6	CHLOE	O'NEALE	FICHARDTPARK PRIN	G10-2km	0911301105084	4822	9,53
7	Nomsa	Mtyiwa	Toka PS	G10-2km	0903050964084	4266	9,59
8	Marné	Van Rensburg	Willem Postma	G10-2km	090812 0369 081	3800	10,15
9	Chanelle	Rossouw	Jacobsdal Primêr	G10-2km	0907170354084	3712	10,29
10	Luné	Fourie	Jacobsdal Primêr	G10-2km	0906250200084	3714	10,45
11	Waratwa	Lecoko	Eunice Primary Scho	G10-2km	0908210289082	4144	10,45
12	Chrisna	Strydom	Willem Postma	G10-2km	090321 1263 087	3798	10,53
13	Ilanze	Du Plessis	Willem Postma	G10-2km	090223 0124 080	3799	11,08
14	Storm	Harris	Eunice Primary Scho	G10-2km	0909300166081	4143	11,12
15	Kananelo	Kopo	Eunice Primary Scho	G10-2km	0903100293088	4146	11,16
16	MEGAN LEE	JORDAAN	FICHARDTPARK PRIN	G10-2km	0910300235082	4821	11,17
17	Emma-Lee	Theron	Eunice Primary Scho	G10-2km	0906150351086	4145	11,21
18	Chané	Fourie	Jacobsdal Primêr	G10-2km	0906250198080	3713	11,39
19	Rebaone	Lekhu	Laerskool Sentraal P	G10-2km	0904240992084	3761	11,47
20	MIKAYLA	DU TOIT	FICHARDTPARK PRIN	G10-2km	0911300455084	4824	11,52
21	Tuané	van Rooyen	Oranje Primêr	G10-2km	091214 1099 084	3655	12,33
22	WEHANI	PRETORIUS	FICHARDTPARK PRIN	G10-2km	0905180367088	4826	13,05
23	Leano	Lebuso	Brandwag Primary	G10-2km	0905300161080	4285	13,05
24		Phokoje	St Michael's	G10-2km	090502		13,29
25	LANA	VAN SCHALKWYK	FICHARDTPARK PRIN	G10-2km	0907150158083	4823	14,03
26	Omphile	Pitso	Ad Laudem	G11-3km	0910225165083	4614	13,42
<b>BOYS 11 - 3 km</b>							
1	Mahlehle	Thapelo	Atang Primary Scho	B11-3km	0803196519083	4346	11,54
2	Makhalanyane	Thato	Atang Primary Scho	B11-3km	0802056202087	4350	12,04
3	Vernon	Braaizen	Koot Niemann	B11-3km	0805125327082	4288	12,17
4	Wian	Van der Merwe	Willem Postma	B11-3km	080719 5061 088	3625	12,17
5	Thapelo	Ntjobokoane	Relebeletse School	B11-3km	0804225328082	4496	12,31
6	Lourens	De Vries	President Brand Sch	B11-3km	0807145274088	3675	12,32
7	Peter	Van Viegen	Grey Primary	B11-3km	080319 5169 088	3537	12,40

8	De Villiers	Lamprecht	Universitas PS	B11-3km	0802245160089	3891	12,47
9	Amogelang	Motlhamme	Toka PS	B11-3km	0803215115087	4270	12,50
10	Sihle	Gomba	Koot Niemann	B11-3km	0804085281082	4302	13,23
11	Shaun	Pienaar	Willem Postma	B11-3km	080102 5278 087	3623	13,26
12	Ivan	Langeveldt	Bloemfontein PS	B11-3km	0808165115086	3585	13,33
13	James	Brice	Grey Primary	B11-3km	080707 5128 080	4253	13,43
14	Craig	Fish	Koot Niemann	B11-3km	0807045245089	4289	13,45
15	PD	Venter	Jim Fouché Prim Sko	B11-3km	0801235190080		14,07
16	Junior	Flyman	Fauna Primary	B11-3km	0804035336085	3737	14,32
17	Omphemetse	Motheo	Laerskool Sentraal P	B11-3km	0811145295085	3856	14,38
18	Mazwakhe	Mollo	MOTHEO DEVELOPN	B11-3km	0811115649089	4521	14,45
19	Lesedi	Khetsi	Brandwag Primary	B11-3km	0812235152087	4250	14,50
20	Dewald	Ebersohn	Willem Postma	B11-3km	081113 5338 085	3626	15,24
21	Stiaan	Coetzee	Willem Postma	B11-3km	081201 5088 089	3624	15,24
22	Marco	Lusardi	Grey Primary	B11-3km	080610 5417 083	3534	15,32
23	RUBEN	KOEKEMOER	FICHARDTPARK PRIN	B11-3km	0801085327089	4837	15,39
24	Ricky	Fouri	Ons Kinderhuis RC	B11-3km	0812096428089	3810	15,46
25	Bokang	Sehloho	Fauna Primary	B11-3km	0801235766080	3738	14,46
26	Jaques	Smit	Jim Fouché Prim Sko	B11-3km	0807225537081		15,54
27	Divan	Venter	President Brand Sch	B11-3km	0809235151085	3677	15,57
28	Dian	Vosloo	Jim Fouché Prim Sko	B11-3km	0808195250085		15,58
29	Tiro	Mofokeng	Laerskool Sentraal P	B11-3km	0808055174086	3764	16,00
30	Neo	Rapitso	Laerskool Sentraal P	B11-3km	0807155539081	3855	16,07
31	Retsedisetswe	Khetsi	Relebeletse School	B11-3km	0810255290084	4499	16,25
32	Stefan	Snydert	President Brand Sch	B11-3km	0807125132082	3670	16,30
33	Ze-Roberto	Davids	Brandwag Primary	B11-3km	0802285843081	4283	16,38
34	Jayden	Fouche	Sand du Plessis Prim	B11-3km	0801255389083	4897	16,41
35	Jason	Melville	President Brand Sch	B11-3km	0812195203086	3678	16,49
36	Juandré	Weideman	Willem Postma	B11-3km	081201 5253 089	3627	17,12
37	Keorapetse	Rakoti	Laerskool Sentraal P	B11-3km	0812205134081	3857	18,00
38	JUAN	GROENEWALD	FICHARDTPARK PRIN	B11-3km	0810085258087	4836	18,15
39	RW	VAN NIEKERK	FICHARDTPARK PRIN	B11-3km	0812305255083	4833	18,40
40	Bokamoso	Mothekhe	Ad Laudem	B11-3km	0810055314084	4191	18,49
41	Andre	Brits	President Brand Sch	B11-3km	0811035061083	3672	20,04
<b>GIRLS 11 - 3 km</b>							
1	Siyabonga	Matiki	Koot Niemann	G11-3km	0808125228086	4309	12,15
2	DANELL	OELOFSE	FICHARDTPARK PRIN	G11-3km	0804030121086	4840	12,21
3	Ivana	Carstens	Universitas PS	G11-3km	0810230203087	3597	12,56
4	Tsebo	Tsoaeli	Boaramello Jagersfo	G11-3km	0803040185081	4403	12,58
5	Ofentse	Motete	Fauna Primary	G11-3km	0805130728084	3739	13,16
6	Samantha	Maritz	Eunice Primary Scho	G11-3km	0801030169081	3184	13,36
7	Palesa	Mohapi	Atang Primary Scho	G11-3km	0803021360083	4352	13,45
8	Amelia	Vincent	Eunice Primary Scho	G11-3km	0804030794080	4148	13,51
9	Danielle	Pienaar	Oranje Primêr	G11-3km	080509 0328 081	3658	13,52
10	Annelize	van der Merwe	Oranje Primêr	G11-3km	080725 0112 081	3657	14,15
11	Duiker	Hlohonofatso	Grassland P/S	G11-3km	080204		14,21
12	DUNÉ	KOORTZEN	FICHARDTPARK PRIN	G11-3km	0810290525080	4839	14,41
13	Lisa	Steyn	Willem Postma	G11-3km	080705 0248 085	3601	14,50
14	Danelle	Smith	Jim Fouché Prim Sko	G11-3km	0801160329083		14,52
15	Karli	Jordaan	Willem Postma	G11-3km	080621 0222 089	3602	14,52
16	Tiegan	Strydom	Eunice Primary Scho	G11-3km	0803090252088	4147	15,24
17	Eunice	Fourie	Eunice Primary Scho	G11-3km	0802160291083	3887	15,56

18	MELISSA	NEL	FICHARDTPARK PRIN	G11-3km	0807160211080	4838	16,07
19	Jana	Jordaan	Universitas PS	G11-3km	0806110378080	1969	16,10
20	Lois	Fourie	Eunice Primary Scho	G11-3km	0802160292081	3886	16,14
21	Jamie	Fourie	Sand du Plessis Prim	G11-3km	0803200159089	4899	16,36
22	MONIQUE	STEYN	FICHARDTPARK PRIN	G11-3km	0806180434086	4844	16,45
23	Vera	Chen	Eunice Primary Scho	G11-3km	0811260803085	4149	16,47
24	Kaylin	Reinders	Eunice Primary Scho	G11-3km	0806171519085	4150	16,56
25	SAMANTHA	VAN TONDER	FICHARDTPARK PRIN	G11-3km	0806240620088	4832	17,02
26	Carla	Loots	Willem Postma	G11-3km	081012 0147 089	3604	17,08
27	JANELLE	OOSTHUIZEN	FICHARDTPARK PRIN	G11-3km	0809010268088	4843	17,25
28	Kara	Fourie	Willem Postma	G11-3km	080617 0360 085	3603	18,47
29	More	Naledi	Brandwag Primary	G11-3km	0807260808082	4251	18,53
<b>BOYS 12 - 3 km</b>							
1	Mmatli	Mphatseng	Atang Primary Scho	B12-3km	0701156669080	4342	11,18
2	Innocent Adria	Morris	Vooruitsig Fauresmi	B12-3km	0707105491088	3692	11,26
3	Letlotlo	Lefokotsane	Relebeletse School	B12-3km	0705265507081	4492	11,36
4	Segola	Sabelo	Atang Primary Scho	B12-3km	0702216455080	4347	11,42
5	Mongezi	Njiva	Koot Niemann	B12-3km	0701035617086	4292	11,56
6	Otto	Krause	Grey Primary	B12-3km	070223 5115 087	3528	12,00
7	Tshepiso	Tlhaname	Koot Niemann	B12-3km	0705045889080	4300	12,07
8	Katleho	Fudumele	Relebeletse School	B12-3km	0703275522083	4493	12,09
9	Louis-Harm	Fourie	Jacobsdal Primêr	B12-3km	0706065165088	3721	12,13
10	Thabang	Molele	Toka PS	B12-3km	0704075364080	4269	12,22
11	Pule	Tau	Relebeletse School	B12-3km	0703196603087	4495	12,28
12	Teetsa	Mohapi	Atang Primary Scho	B12-3km	0711265778086	4349	12,38
13	Hlalele	Motake	Koot Niemann	B12-3km	0701145759083	4298	12,41
14	Thabang	Sebata	Relebeletse School	B12-3km	0706076513086	4494	12,43
15	John Marthinus	Louw	Vooruitsig Fauresmi	B12-3km	0701225227084	3691	12,58
16	Khauhelo	Matekane	Relebeletse School	B12-3km	0704095786080	4500	13,17
17	Karabo	Mmale	Fauna Primary	B12-3km	0710065831087	3733	13,18
18	JACO	FICK	FICHARDTPARK PRIN	B12-3km	0701245191088	4847	13,19
19	Oratilwe	Dyantyi	Fauna Primary	B12-3km	0708065264085	4359	13,19
20	Ruben	Scheepers	President Brand Sch	B12-3km	0707255240087	3673	13,48
21	Horing	Thuto	Atang Primary Scho	B12-3km	0711056423082	4339	14,02
22	Kganga	Majola	Koot Niemann	B12-3km	0711195335080	4293	14,06
23	Ofentse	Kwiti	Brandwag Primary	B12-3km	0704045255087	4284	14,34
24	Christopher	Cilliers	Grey Primary	B12-3km	071221 5123 084	3517	14,38
25	WIAN	NEL	FICHARDTPARK PRIN	B12-3km	0704025620086	4852	14,54
26	Lechuti	Bonolo	Atang Primary Scho	B12-3km	0712235373081	4337	14,57
27	ANDRICK	JOUBERT	FICHARDTPARK PRIN	B12-3km	0703015204083	4849	14,59
28	John	Khomoentso	Toka PS	B12-3km	0711076443086	4275	15,15
29	Pieter	Koekemoer	Ons Kinderhuis RC	B12-3km	0704235586085	3808	16,00
30	BIAAN	SMUTS	FICHARDTPARK PRIN	B12-3km	0703145839089	4845	16,12
31	Douglas	Benbrook	Sand du Plessis Prim	B12-3km	0706255846083	4896	16,17
32	Altus	Grobbelaar	President Brand Sch	B12-3km	0706255109086	3671	16,29
33	Carlo	Van Niekerk	President Brand Sch	B12-3km	0703075219088	3666	16,45
34	Hlompho	Raseobi	Kruitberg Primary	B12-3km	0710195714088		16,57
35	ANDREW	KOTZE	FICHARDTPARK PRIN	B12-3km	0701165463087	4851	17,02
36	BOHLALE	MOKOENA	BOTLEHADI PS	B12-3km	0712135359081	4451	17,02
37	Itumeleng	Mosese	MOTHEO DEVELOPN	B12-3km	0712085209086	4520	18,39
38	HENRÉ	MEINTJIES	FICHARDTPARK PRIN	B12-3km	0702165153082	4846	20,04
<b>GIRLS 12 - 3 km</b>							

1	Inge	Van Staden	Eunice Primary Scho	G12-3km	0704170318080	3598	11,58
2	Izanne	Van Aswegen	Willem Postma	G12-3km	070527 1213 088	3605	12,43
3	Ezeth	Esterhuizen	Universitas PS	G12-3km	0704100279089	3689	12,52
4	Donna le Roux	le Roux	Oranje Primêr	G12-3km	070909 0117 082	3661	13,28
5	DUANEY	VAN WYK	FICHARDTPARK PRIN	G12-3km	0709260123084	3893	13,43
6	Micke	de Andrade	Oranje Primêr	G12-3km	070209 0159 089	3663	13,51
7	Kara	Smith	Oranje Primêr	G12-3km	070301 0223 088	3660	14,18
8	Kiesha	Moepi	Koot Niemann	G12-3km	0702060634087	4313	14,22
9	Anebel	Venter	Eunice Primary Scho	G12-3km	0701300403089	4154	15,03
10	Phumelela	Dhlamini	Fauna Primary	G12-3km	0709260295085	3735	15,09
11	Atlehang	Telekoa	Eunice Primary Scho	G12-3km	0709140102084	4151	15,16
12	Itumeleng	Mokuwane	Ons Kinderhuis RC	G12-3km	0708021296080	3806	15,47
13	Mia	Du Randt	Universitas PS	G12-3km	0710160250084	3690	16,19
14	Phumelele	Dhlamini	Fauna Primary	G12-3km	0709260293085	3734	16,41
15	MARNÉ	VAN DER WALT	FICHARDTPARK PRIN	G12-3km	0701170240082	4850	17,07
16	Imange	Nkcaza	Fauna Primary	G12-3km	0706230900088	3736	17,13
17	Katlego	Nhlapo	Eunice Primary Scho	G12-3km	0711130243084	4153	19,20
<b>BOYS 13 - 4 km</b>							
1	Mpho	Sethunya	Relebeletse School	B13-4km	0605266268081		14,51
2	Motlalepula	Ntombo	Relebeletse School	B13-4km	0611296499084		15,03
3	Ndabe	Yamkela	Atang Primary Scho	B13-4km	0610185176084	4343	15,23
4	Masiso	Kamohelo	Atang Primary Scho	B13-4km	0601085192081	4345	15,24
5	Lethabo	Khetsi	Brandwag Primary	B13-4km	0603165148088	4249	16,46
6	Thato	Witvoet	Koot Niemann	B13-4km	0607295199089	4287	17,26
7	Lebogang	Mokgadi	Grassland P/S	B13-4km	060607		17,29
8	ETHAN	BURGER	FICHARDTPARK PRIN	B13-4km	0606225158082	4858	17,32
9	Lerato	Pitso	Grassland P/S	B13-4km	060430		17,55
10	Karabo	Mpemvana	Kruitberg Primary	B13-4km	0604255592080		18,00
11	Rearabetswe	Mereko	Fauna Primary	B13-4km	0610085127088	3732	18,19
12	Siyabulela	More	Brandwag Primary	B13-4km	0608266220086	4252	18,57
13	Johnathan	Smith	Brandwag Primary	B13-4km	0603106344089	4336	19,04
14	Itumeleng	Minnie	Koot Niemann	B13-4km	0612165362080	4290	19,06
15	Lehlohonolo	Phaladi	Grassland P/S	B13-4km	060613		19,20
16	Tshidiso	Mathibe	Toka PS	B13-4km	0612025399082	4271	19,57
17	OFENTSE	SEBOTHELO	BOTLEHADI PS	B13-4km	0608045264082	4448	20,34
18	Matthew	Greyling	Grey Primary	B13-4km	0612055349080	4256	21,16
19	Leonard	Barnard	President Brand Sch	B13-4km	0601075265087	3667	21,18
20	MASEGO	SHUPING	BOTLEHADI PS	B13-4km	0606265487086	4452	21,41
21	Canaan	Brice	Grey Primary	B13-4km	061115 5148 087	4254	22,07
22	FREEK	VAN WYNGAARD	FICHARDTPARK PRIN	B13-4km	0608145478087	4855	22,43
23	D'niel	Kotze	Ad Laudem	B13-4km	0602185143081	4207	22,56
24	Rico	Kotze	Ad Laudem	B13-4km	0602185144089	4208	22,56
25	Lehakoe	Tsuene	Koot Niemann	B13-4km	0612315127086	4297	24,30
26	Aobakwe	Maretele	Academy of Exceller	B13-4km	0603265349085	4171	25,00
27	Sipho	Tjobeko	Rutanang PS	B13-4km	0612125227084		18,42
Shor	John	Deminey	Ons Kinderhuis RC	B13-4km	0606035064082	3778	16,15
<b>GIRLS 13 - 4 km</b>							
1	Carlé	Stockenström	Oranje Primêr	G13-4km	060429 0193 084	3665	16,35
2	Zerelda	Botha	Koot Niemann	G13-4km	0612121326088	4314	18,36
3	Zintle	Gulwa	Koot Niemann	G13-4km	0606160259085	4316	19,11
4	Lané	van Rooyen	Oranje Primêr	G13-4km	060315 0248 087	3664	19,25
5	Char-Lené	Boshoff	Willem Postma	G13-4km	060804 0104 085	3606	20,24



6	Letshego Petro	Lemmetjies	St Lawrence Prim, Ja	G13-4km	0601240643085	4457	20,59
7	Sibusiswe	Nontyi	Toka PS	G13-4km	0607120172087	4272	21,01
8	LINDSEY	NEVELING	FICHARDTPARK PRIM	G13-4km	0601020194085	4856	21,13
9	Kgothatso	Mphothane	Laerskool Sentraal P	G13-4km	0603050088088	3863	22,18
10	BUHLE	BAARTMAN	BOTLEHADI PS	G13-4km	0605260377086	4450	22,25
11	ZAANLIE	BLIGNAUT	FICHARDTPARK PRIM	G13-4km	0608270135080	4857	23,41
12	Carli	Kotze	Ad Laudem	G13-4km	0602180122080	4206	25,23
13	Chloe	Katza	Eunice Primary Scho	G13-4km	0605060191083	4158	25,37
14	LENé	VAN ZYL	FICHARDTPARK PRIM	G13-4km	0611130429081	4854	27,07
15	Relebohile	Mpotoane	Eunice Primary Scho	G13-4km	0604030436082	4157	27,18
<b>BOYS 14 - 4 km</b>							
1	AMOGELANG	LOBELO	HTS LOUIS BOTHA	B14-4km	0501085187083	3419	13,57
2	Ronald	Mayang	St Lawrence Prim, Ja	B14-4km	0507175459084	4456	14,13
3	Jean-Jacques	Holtzhausen	Grey Sekondêr	B14-4km	0512295118081	1855	14,16
4	NEO	SEATE	HTS LOUIS BOTHA	B14-4km	0506195248089	3420	14,41
5	Omphile	Letshabo	HTS LOUIS BOTHA	B14-4km	0505135222089	3443	15,08
6	Lungile	Khuse	Atang Primary Scho	B14-4km	0508165434087	4340	15,30
7	Samkelo	Ndumiso	Toka PS	B14-4km	0506295869081	4273	15,33
8	Willie	Volschenk	Fichardtpark HS	B14-4km	0505305111088	4335	15,37
9	TSHEPO	KHOMAMATODI	BOTLEHADI PS	B14-4km	050701	4455	16,42
10	Onkarabetse	Koloane	Academy of Exceller	B14-4km	0506105227082	4174	16,50
11	Tshidiso	Mothekhe	Ad Laudem	B14-4km	0511165260080	4200	16,52
12	Marko	Oelofse	Jim Fouche HS	B14-4km	0505165099084	3684	16,57
13	VUYANI	LEMOEN	BOTLEHADI PS	B14-4km	0512126059082	4453	17,09
14	Dawid	Du Plessis	Grey Sekondêr	B14-4km	0501165113082	4622	17,18
15	EWALD	OLIVIER	Aliwal North H S	B14-4km	0512055136083	3746	17,41
16	Siyavuya	Sibuba	Koot Niemann	B14-4km	0509276627080	4303	18,21
17	Thewayne	Van der Berg	Koot Niemann	B14-4km	0505215349083	4319	18,22
18	Judah	Wahl	Univ Free State	B14-4km	0501135145081	1897	18,24
19	Thato	Leeuw	Kruitberg Primary	B14-4km	0512015366085		21,36
20	Tshiamo	Mohoalali	Academy of Exceller	B14-4km	0507195638089	4165	21,46
21	Remmogo	Mampe	Academy of Exceller	B14-4km	0501255294081	4160	22,51
22	Letlotlo	Khiba	Academy of Exceller	B14-4km	0509156740086	4162	23,38
23	Themba	Nodom	Our Fathers Home	B14-4km		4478	23,48
24	Christiaan	Moore	President Brand Sch	B14-4km	0510236242085	3680	24,35
25	Itumeleng	Masimong	Academy of Exceller	B14-4km	0509085511087	4163	26,04
<b>BOYS 15 - 4 km</b>							
1	TSHEPANG	LEMAO	HTS LOUIS BOTHA	B15-4km	0403145083081	3421	13,15
2	NYAKALLO	MATABANE	ESKOM A/C FREE ST	B15-4km	0409245474088	1744	13,20
3	Sello	Ntebe	Samuel Johnson	B15-4km	0412236394083		13,30
4	Molifi	Mohlomi	Middelbaar Jagersfo	B15-4km	0401195939087	4504	13,45
5	Junior	Blaauw	Sand Du Plessis HS	B15-4km	040128 5165 084	4110	14,08
6	Moeketsi	Thahlane	ESKOM A/C FREE ST	B15-4km	040507		14,08
7	Mothibedi	Kemme	Bultfontein AC	B15-4km	0401106105083	3446	14,27
8	ROBERT	ORROCK	Aliwal North H S	B15-4km	0402055034081	3747	14,27
9	Sechaba	Khoboko	Atang Primary Scho	B15-4km	0412185334080	4355	14,35
10	BAKWENA	KOROLOSO	HTS LOUIS BOTHA	B15-4km	0407226143086	3423	14,44
11	Johan	Botha	Grey Sekondêr	B15-4km	040122	4111	14,47
12	Armand	Herbst	Sentraal Sek	B15-4km	0410085132083	3294	15,05
13	Alec	Hogewind	Grey Sekondêr	B15-4km	040601	3393	15,16
14	Adolf	Du Plessis	Grey Sekondêr	B15-4km		4063	15,28
15	Lepheane	Makhisa	HTS LOUIS BOTHA	B15-4km	0403015120088	3444	15,35

16	Tume	Musetsi	Nedbank Fast Legs R	B15-4km			15,47
17	ASHLEIGH	SHAW	Aliwal North H S	B15-4km	0401055713085	3744	15,54
18	Marco	Van den Berg	Grey Sekondêr	B15-4km	040430	4490	16,02
19	Isaac	Chingange	Dr Viljoen C/S	B15-4km	0405306108086	3463	16,43
20	FRANCO	DU TOIT	Aliwal North H S	B15-4km	0401265093088	3745	16,53
21	Thamsanqa	Matiki	Sand Du Plessis HS	B15-4km	041223 5184 089	4103	17,14
22	Estiaan	Bakkes	Jim Fouche HS	B15-4km	0402165074087	3183	18,52
23	Bohlokwa	Kalebe	Academy of Exceller	B15-4km	0408185299083	4166	23,43
24	ZACK	VAN JAARVELD	Aliwal North H S	B15-4km	0405216050089	3743	24,26
<b>BOYS 16 - 6 km</b>							
1	Mpho	Olifant	Samuel Johnson	B16-6km	0310246188083		20,28
2	Vuyo	Mkhumbeni	Lereko SS	B16-6km	0310036103086	4383	20,41
3	TSHEPISO	LEMAO	HTS LOUIS BOTHA	B16-6km	0301235263083	3424	20,54
4	KATLEGO	GOPANE	HTS LOUIS BOTHA	B16-6km	0302215825086	3427	21,09
5	TSHIAMO	MOAGI	HTS LOUIS BOTHA	B16-6km	0309035326086	3425	21,16
6	KAMOHELO	MONYATSI	ESKOM A/C FREE ST	B16-6km	0306063958057	1705	21,40
7	KATLEHO	NTHAKO	PETUNIA	B16-6km	0311045923084	4430	21,46
8	Nkosinathi	Ncaphayi	Lereko SS	B16-6km	0305225554081	4382	22,00
9	Bongani	Didi	Atang Primary Schoo	B16-6km	0304075325080	4356	22,24
10	Paballo	Kuenane	Relebeletse School	B16-6km	0308156184084	4486	23,39
11	Ettiene	Jacobs	Tshwaraganang PS	B16-6km	0306126379081	4502	23,42
12	Lean	Uys	Grey Sekondêr	B16-6km	0312125198084		23,55
13	Nathan	Mohale	Ons Kinderhuis RC	B16-6km	0302145732087	3776	24,07
14	Thato	Makhanya	Ad Laudem	B16-6km	0312145979083	4202	25,21
15	Katleho	Mphosi	HTS LOUIS BOTHA	B16-6km			25,58
16	Vuyisile	Majese	Relebeletse School	B16-6km	0305116024087	4485	26,28
17	Zweli	Mankayi	Tshwaraganang PS	B16-6km	0301066033087	4501	26,32
18	Leseho	Tsikoane	Ad Laudem	B16-6km	030318(0192971	4203	28,16
<b>BOYS 17 - 6 km</b>							
1	LUVUYO	MNENO	HTS LOUIS BOTHA	B17-6km	0201166314082	3432	19,39
2	Jan	Molaoa	Olien School	B17-6km	0202095995082	3695	20,14
3	Mopeli	Mopeli	Nedbank Fast Legs R	B17-6km	0204115682088	2191	20,15
4	GIFT	MBOXWANA	HTS LOUIS BOTHA	B17-6km	0202165966088	3431	20,28
5	Katleho	Rankhala	HTS LOUIS BOTHA	B17-6km	0208285184080		21,02
6	SANDILE	KHETSI	ESKOM A/C FREE ST	B17-6km	0205085812084	1702	21,04
7	Itumeleng	Shai	Lereko SS	B17-6km	0211015110086	4491	21,12
8	Motlatsi	Nyamatana	Samuel Johnson	B17-6km	0204135726089		22,05
9	Bosby	Luciano	Sand Du Plessis HS	B17-6km	020605 5357 084	4106	22,09
10	NKOSIYABO	MINI	PETUNIA	B17-6km	0203125043085	4432	22,25
11	Nkosana	Shibane	Lereko SS	B17-6km	0204055351082	4387	22,36
12	Sipho	Bulawa	Lereko SS	B17-6km	0209035218080	4384	23,59
13	James	Chingange	Dr Viljoen C/S	B17-6km	0205135498082	3462	24,05
14	Thato	Motsuemane	Ad Laudem	B17-6km	0202275285080	4201	24,15
15	Given	Nyathi	HTS LOUIS BOTHA	B17-6km	0209125087087	3447	24,31
16	Henro	Van Rooyen	Jim Fouche HS	B17-6km	0204295051080	3185	24,40
17	Naledi	Moeng	Academy of Exceller	B17-6km	0607260269081	4173	26,55
18	SIYABONGA	MALGAS	PETUNIA	B17-6km	0211265946080	4433	29,45
19	Nielbert	Mostert	Sentraal Sek	B17-6km			31,44
<b>JUNIOR MEN - 8 km</b>							
1	Joshua	Pholoana	Olien School	JM-8km	0101035260088	3483	26,53
2	THABANG KGO	MATHOSA	ESKOM A/C FREE ST	JM-8km	0106135451081	1707	27,07

3	Dimitreo	Mohlomi	Olien School	JM-8km	0104155706088	3696	27,19
4	REATILE	TLHABANKWE	HTS LOUIS BOTHA	JM-8km	0104085090086	3441	27,20
5	RETSHEDISITSM	SHAI	HTS LOUIS BOTHA	JM-8km	0009205358082	3439	27,40
6	Moshe	Motoung	PAMOJA A.C	JM-8km	0106255364080	1789	27,44
7	Mokgotsi	Nakedi	Atang Primary School	JM-8km	0102045455080	4358	27,56
8	Motebang	Raliile	Ladybrand High School	JM-8km	0107106189080		28,14
9	Motaung	Choane	Nedbank Fast Legs R	JM-8km	0103236376085	2197	28,18
10	OLWETHU	MADADASANA	HTS LOUIS BOTHA	JM-8km	0106075963087	3434	29,18
11	Mosehle	Modibedi	Samuel Johnson	JM-8km			29,45
12	HEINWEN	LONG	PETUNIA	JM-8km	0112035043085	4431	30,03
13	Elrico	Sewelo	Middelbaar Jagersfo	JM-8km	0109216208081	4503	30,08
14	Tolman	Dioka	Rutanang PS	JM-8km	000227	4108	30,45
15	Leloko	Sala	PAMOJA A.C	JM-8km	0102226336083	1791	32,00
<b>GIRLS 14 - 4 km</b>							
1	Zandile	Plaatjie	Boaramello Jagersfo	G14-4km	0510021044084	4402	15,56
2	Miche	Johns	ORANJE MS Sek	G14-4km	0511180148088	3499	16,35
3	Carlise	Botha	Jim Fouche HS	G14-4km	0508260200086	2929	16,42
4	Selebogo	Monyaki	ESKOM A/C FREE ST	G14-4km	050712		16,53
5	Lize	Ackerman	Fichardtpark HS	G14-4km	0503230227087	1983	17,21
6	Suze	Du Toit	Jim Fouche HS	G14-4km	0509040132086	1982	17,27
7	Danielle	Joubert	ORANJE MS Sek	G14-4km	0510190232080	4241	18,06
8	Michelle	du Toit	ORANJE MS Sek	G14-4km	0501100126082	2571	18,28
9	Joané	De Bruyn	Martie Du Plessis	G14-4km	0503101630081	3900	18,37
10	RENEILOE	MASILO	BOTLEHADI PS	G14-4km	0506090207081	4449	18,57
11	Marlie	Van Wyk	Jim Fouche HS	G14-4km	0506290406087	1979	19,16
12	Dominique	Snyman	Jim Fouche HS	G14-4km	0505310253081	3889	19,28
13	Larisca	Labuschagne	Jim Fouche HS	G14-4km	0508080169081	3681	20,00
14	Marlé	Van der Merwe	Jim Fouche HS	G14-4km	0508040285084	3683	20,15
15	Nthabiseng	Soaisa	Toka PS	G14-4km	0508111310084	4276	20,20
16	Willemien	Oliphant	Ons Kinderhuis RC	G14-4km	0507291373086	3802	20,20
17	Ane	Bernardu	ORANJE MS Sek	G14-4km	0502080224087	4243	20,41
18	KARABO	MKROLA	BOTLEHADI PS	G14-4km	0604040367087	4454	21,00
19	Makhutso	Mathoma	Laerskool Sentraal P	G14-4km	0510140441088	3867	21,14
20	LERATO	LEBAKA	PETUNIA	G14-4km	0509230343089	4440	22,33
21	Nadine	Snyman	ORANJE MS Sek	G14-4km	0504120804084	4242	22,44
22	B'Andri	Du Toit	Jim Fouche HS	G14-4km	0512190272082	3890	23,32
23	Nomathemba	Boom	Grassland P/S	G14-4km	050820		23,46
24	Lou-Mari	Mielman	Jim Fouche HS	G14-4km	0508050921081	3892	23,54
25	Oarabile	Matine	Dr Viljoen C/S	G14-4km	057030228088	4329	23,59
26	Eunike	Venter	Fichardtpark HS	G14-4km	0502250126088	1978	24,36
27	Tshegofatso	Mahamotse	Dr Viljoen C/S	G14-4km	0509240381087	3459	24,51
28	Gabrielle	Cloete	ORANJE MS Sek	G14-4km	0501040382080	4246	25,03
29	Matshidiso	Tsolo	Dr Viljoen C/S	G14-4km	0507190864086	4328	25,28
30	Mathilda	Mosiniki	Ons Kinderhuis RC	G14-4km	0508040723084	3805	25,54
31	Amy	Afonso	St Michael's	G14-4km	05111150443089	4871	25,54
32	Neo	Matekane	Academy of Exceller	G14-4km	0503140147086	4175	26,09
33	Mpho	Mpholo	Dr Viljoen C/S	G14-4km	0507150108086	4330	26,30
34	Katinka	Scherman	Jim Fouche HS	G14-4km	0504050144089	3898	26,32
35	Iyaneza	Mrubata	PETUNIA	G14-4km	050418	4436	27,25
36	Rethabile	Masakala	PETUNIA	G14-4km	050416	4438	36,17
37	Ipeleng	Mokgadi	PETUNIA	G14-4km	051016	4439	37,22
38	Tenika	du Plessis	Jim Fouché Prim Sko	G14-4km	0512300091083		DNF

<b>GIRLS 15 - 4 km</b>							
1	NOMHLE	JULIE	HTS LOUIS BOTHA	G15-4km	0406081032087	3418	14,59
2	Itumeleng	Blou	ByGrace	G15-4km	040329	4517	15,37
3	Nonkululeko	Veli	ESKOM A/C FREE ST	G15-4km	0404221029089	2157	15,44
4	Beanke	Du Toit	Jim Fouche HS	G15-4km	0405100344085	1983	16,11
5	Valeska	van Zyl	EUNICE HIGH SCHO	G15-4km	0410290065086	2590	17,01
6	Zanelle	Janse v Rensburg	ORANJE MS Sek	G15-4km	0404020082081	4240	17,17
7	Hanlie	Van Wyk	Jim Fouche HS	G15-4km	0402190086080	1977	17,25
8	Kayleigh	Geel	EUNICE HIGH SCHO	G15-4km	0403250046089	4881	18,00
9	Alex	Klopper	ORANJE MS Sek	G15-4km	0404230096087	4238	18,03
10	Busisiwe	Mkweta	Laerskool Sentraal P	G15-4km	0407130415083	3868	18,31
11	Nedine	Roodt	Jim Fouche HS	G15-4km	0410110162089	3374	18,43
12	Juane	Rens	Jim Fouche HS	G15-4km	0406030159080	1973	18,55
13	Relabohile	Sekhumpa	Fichardtpark HS	G15-4km	0406091119080	3880	18,58
14	San-marie	Groenewald	President Steyn	G15-4km	0406110193082	3629	19,10
15	Jana	De Villiers	ORANJE MS Sek	G15-4km	0405200071083	4234	19,16
16	Johanna	Phalatsane	Dr Viljoen C/S	G15-4km	0410180488083	3461	19,47
17	Abigail	Opperman	ORANJE MS Sek	G15-4km	0401260722087	4237	20,57
18	Casendra	Oerson	EUNICE HIGH SCHO	G15-4km	0401030072086	4883	21,01
19	Katlego	Setilo	Dr Viljoen C/S	G15-4km	0408171360089	3460	21,42
20	Amé	BYLEVELD	Aliwal North H S	G15-4km	0406260721088	3750	23,26
21	Nkosazana	Basholo	Academy of Exceller	G15-4km	0402280128081	4169	24,25
22	Nadia	Koekemoer	Sand Du Plessis HS	G15-4km	041014 0126 088	4107	25,58
23	Suné	Scholtz	Jim Fouche HS	G15-4km	0411050132082	3682	26,28
<b>GIRLS 16 - 4 km</b>							
1	Bantshabile Elizabeth	Shoalai	Nedbank Fast Legs R	G16-4km	0305210151083	2190	18,00
2	Sebiene	Le Roux	ORANJE MS Sek	G16-4km	0312030072085	3481	18,01
3	Caylin	De Andrade	ORANJE MS Sek	G16-4km	0312250088086	4229	18,24
4	Anika	Krause	ORANJE MS Sek	G16-4km	0312230156084	3333	18,25
5	Mia	Olivier	ORANJE MS Sek	G16-4km	0306190270083	4233	18,32
6	Bongeka	Qhwema	Nedbank Fast Legs R	G16-4km	0303271382085	2201	18,48
7	Kristen	Redelinghuys	EUNICE HIGH SCHO	G16-4km	0311040072085	1971	18,49
8	Mianda	Nel	Fichardtpark HS	G16-4km	0310170100088	3119	19,04
9	Mandy	Matiso	Hoërskool Burgersd	G16-4km	030620 0067 008	3638	19,09
10	Aleonor	van Rijswijk	ORANJE MS Sek	G16-4km	0303140530088	4245	19,54
11	NALEDI	TSUMELA	PETUNIA	G16-4km	0311180193089	4444	19,55
12	Amalia	Rodrigues	Sentraal Sek	G16-4km	0301240047086		20,05
13	Dene	Honiball	Sentraal Sek	G16-4km	0302250043080		20,05
14	Dehanie	Bronkhorst	Sentraal Sek	G16-4km	0310100104085		20,05
15	MARTISA	WELGEMOED	Aliwal North H S	G16-4km	0301110062082	3752	21,56
16	Karlize	Fivaz	ORANJE MS Sek	G16-4km	0305050061087	4231	27,29
17	Lanelle	Hurter	ORANJE MS Sek	G16-4km	0303240069086	4230	28,32
<b>GIRLS 17 - 4 km</b>							
1	Lienke	Snyman	ORANJE MS Sek	G17-4km	0206260120087	4218	16,02
2	Jody	Maclachlan	EUNICE HIGH SCHO	G17-4km	0207190090085	4880	17,27
3	Dorette	Nel	ORANJE MS Sek	G17-4km	0211250058081	4222	17,46
4	Lerato	Lesia	Lereko SS	G17-4km	0210040162088	4385	18,45
5	Nika	Reinach	ORANJE MS Sek	G17-4km	0212040069081	2581	19,01
6	Anri	Nel	ORANJE MS Sek	G17-4km	0207310073086	4226	20,45
7	Moleboheng	Mohapi	St Michael's	G17-4km	0201230348082	4866	40,54
8	MIZAHNE	MCGREGOR	Aliwal North H S	G17-4km	0208190372085	3751	21,26

9	Marianne	Du Plessis	ORANJE MS Sek	G17-4km	0201030143089	4220	22,35
10	Mia	Jordaan	Hoërskool Burgersd	G17-4km	020612 0353 084	3636	25,53
<b>JUNIOR WOMEN - 6 km</b>							
1	Chandré	Erasmus	Jim Fouche HS	JW-6km	0112310040087	2808	29,19
2	Danell	De Villiers	ORANJE MS Sek	JW-6km	0106060089088	3884	29,19
3	KEAMOGETSW	STEFAANS	PETUNIA	JW-6km	0104231246081	4446	31,31
4	THEMBELA	NJILI	PETUNIA	JW-6km	9905080437081	4445	32,36
<b>MEN 22 - 4 km</b>							
1	Bongani	Nkutha	Univ Free State	M22-4km	9703115408080	831	12,37
2	Daniel	Rampai	Univ Free State	M22-4km	9708285446083	861	12,46
3	SELLO MESHAC	LITABE	ESKOM A/C FREE ST	M22-4km	9910215809089	2930	12,52
4	Modupe Johan	Mathe	Nedbank Fast Legs R	M22-4km	9906226422086	2153	13,00
5	Kgotso	Lesia	PAMOJA A.C	M22-4km	0007065952082	1807	13,08
6	Heinrich	Bruhns	Univ Free State	M22-4km	9802175195080	868	13,10
7	GHURSWUND	BAAIPANEE	PETUNIA	M22-4km	0002035108089	4434	13,30
8	Nkosinathi	Lushaba	Univ Free State	M22-4km	9710095728080	776	13,42
9	Aaron	Maseela	Bultfontein AC	M22-4km	9803185385083	2212	13,43
10	Omphile Katleg	Moilwa	Nedbank Fast Legs R	M22-4km	9905185518082	2198	14,07
11	Karabo	Molelekoa	Univ Free State	M22-4km	9703055834089	870	14,10
12	Oratile	Molale	Univ Free State	M22-4km	9703155528086	714	14,20
13	Andile	Khasu	Transnet	M22-4km	0012135051080	274	14,45
14	Nande	Jantjies	Hoërskool Burgersd	M22-4km	000127 5224 085	3639	14,45
15	WILLIAM-JAM	ORROCK	Aliwal North H S	M22-4km	0206095047083	3748	14,49
16	Freddy	Jamela	Bultfontein AC	M22-4km	0003285712083	4405	14,58
17	Sonwabile	Majola	Dr Viljoen C/S	M22-4km	0102265199087	3465	15,36
18	Mighty	Nyalung	HTS LOUIS BOTHA	M22-4km	0102225234084	3437	15,45
19	Steven	Makhetha	Individueel	M22-4km	9809275418080		15,58
20	Kgothatso	Lithakong	Dr Viljoen C/S	M22-4km	0012115329083	3464	16,38
21	Obakeng	More	Our Fathers Home	M22-4km	(0119001056708	4477	18,28
22	Keenan	Cloete	Jim Fouche HS	M22-4km	0202235063080	1981	18,44
23	Thabiso	Mphomela	CUT	M22-4km	9711105436086	1672	36,42
<b>MEN 35 - 39</b>							
1	Marius	Wessels	Univ Free State	M35-39	8112075195086	719	29,38
2	Claus	Kempen	Univ Free State	M35-39	8403245035082	873	29,48
3	Samson	Marx	Univ Free State	M35-39	8111305024082	846	34,08
4	Julies	Lesenyeho	PAMOJA A.C	M35-39	8012045632089	1814	50,36
<b>MEN 40 - 44</b>							
1	Alistair	Kingwill	Univ Free State	M40-44	7703195044088	805	28,15
2	Lebogang	Mogongoa	PAMOJA A.C	M40-44	7705305322080	328	34,03
3	KEAOBAKA	MOKAE	MOTHEO DEVELOPN	M40-44	7904125632089	3413	35,58
4	Francois	Saayman	St Michael's	M40-44	7710145008089	4877	35,58
5	Johan	Marais	Pentagon Pistols	M40-44	7412275032084	695	36,02
6	Henry	Jordaan	Bloemfontein Stride	M40-44	7810135022080	1509	36,18
7	SPHAMANDLA	KHOZA	MOTHEO DEVELOPN	M40-44	7904115457080	3415	36,37
8	Jacques	Harrington	Pentagon Pistols	M40-44	7702265014088	2738	36,69
9	Dewald	Van Rooyen	Univ Free State	M40-44	7806105031085	1900	37,30
10	Thomas	Ashkettle	Univ Free State	M40-44	7710225039087	803	42,22
<b>MEN 45 - 49</b>							
1	Majake	Hlabahlaba	Sibanye Still Water	M45-49	7404235625081	4020	27,10
2	Samson	Mkhize	SANDF	M45-49	7306235618083	1	27,43
3	Mphutlane	Modibedi	PAMOJA A.C	M45-49	7406055440087	330	32,04

4	Pule	Molosi	Mangaung AC	M45-49	7109295672085	1717	32,58
<b>MEN 50 - 54</b>							
1	Kgosietsile	Shuping	PAMOJA A.C	M50-54	6712105668085	361	28,32
2		Morapedi	UNISA	M50-54	6901265386089	7040GP	30,09
3	Andre	Bartleman	Univ Free State	M50-54	6511205011083	1875	39,00
<b>MEN 55 - 59</b>							
1	Selvy Pati	Lintikle	Transnet	M55-59	6403015831084	264	33,13
2	Paul	Visser	Univ Free State	M55-59	6206095105083	830	37,14
3	Hannes	Trollip	Univ Free State	M55-59	6004155149087	761	39,16
4	Jorrie	Jordaan	Bfn Achilles	M55-59	6207035061089	188	44,45
<b>MEN 55 - 59</b>							
1	Michael	Roos	Bloemfontein Stride	M65-69	5206025059088		31,06
<b>SENIOR MEN 10 km</b>							
1	Thabo	Sebotsa	MOTHEO DEVELOPN	SM10km	9803025503085		31,47
2	ANASTACIUS	ONTONG	ESKOM A/C FREE ST	SM10km	9301135038084	309	32,12
3	SIPHO LOUISE	RAMOHOTSI	ESKOM A/C FREE ST	SM10km	9705215969089	1710	32,48
4	Kgotso	Moepeng	FS Health Club	SM10km	010605(7415467	4372	33,13
5	Tebogo	Mofole	Transnet	SM10km	9012066192085	275	33,21
6	THAPELO MOS	MODULA	ESKOM A/C FREE ST	SM10km	9602155517083	1703	33,41
7	TSHIDISO	TSOLO	ESKOM A/C FREE ST	SM10km	8803141268080	312	33,53
8	Llewellyn	Coleman	Univ Free State	SM10km	9803225025087	749	34,17
9	ZWENE SAMUE	MORENG	ESKOM A/C FREE ST	SM10km	8712065677082	1749	34,25
10	Tole	Mzwakhe	Atang Primary Scho	SM10km	9905036451087	4357	34,56
11	Mohapi William	Lebusho	SANDF	SM10km	9102286216085	27	35,03
12	Matsau	Motsamai	FS Health Club	SM10km	8612146096080	3926	35,16
13	Kamohelo	Morobi	Nedbank Fast Legs R	SM10km	9904175896087	2157	35,37
14	Jaco	Ebertsohn	Bloemfontein Stride	SM10km	9003085024086	1540	38,08
15	Wilfred	Leeuw	SAPS	SM10km	8306035948085	1759	38,47
16	Mzamo	Mangaliso	Transnet	SM10km	8606305841088	33	38,56
17	Jeoffrey	Mogoregi	SANDF	SM10km	9107315800080	13	39,26
18	Majwang	Mofokeng	PAMOJA A.C	SM10km	8606025995081	1813	39,34
19	Tebogo Dennis	Mosese	MOTHEO DEVELOPN	SM10km	8701095272089	3411	39,44
20	Nkosinathi	Singonzo	FS Health Club	SM10km	8506095229082	1845	44,42
21	Thagang	Moepeng	FS Health Club	SM10km	010319	4371	46,56
22	Dylan	Finlay	Univ Free State	SM10km	9907215383081		DNF
8 km	GODFREY LEHL	RAMOKONE	ESKOM A/C FREE ST	SM10km	8505125724088	1748	23,06
<b>SENIOR MEN 4 km</b>							
1	AYABONGA	MAVUSO	ESKOM A/C FREE ST	SM4km	9603245891082	317	12,24
2	Pule	Hlabahlaba	Mangaung AC	SM4km	8211285623088	16147?	12,53
3	Matthew	Russell	Univ Free State	SM4km	9609065062084	716	13,31
4	Keogotsitse	Moholo	FS Health Club	SM4km	9104285860087	3924	13,32
5	LOKI JOSAI	DIRADINGOE	ESKOM A/C FREE ST	SM4km	8603036684085	1713	13,34
6	APRIL PITSO	MEKO	ESKOM A/C FREE ST	SM4km	8807105787089	3993	13,41
7	Hannes	Naude	Univ Free State	SM4km	9003145109083	769	13,52
8	David	Moliselwa	ESKOM A/C FREE ST	SM4km	8912256350081	2933	14,02
9	Bennie	Prinsloo	Univ Free State	SM4km	9505165241083	800	14,12
10	Ntsika	Sotu	???	SM4km	9310285298083		14,49
11	Johan	Swanepoel	Univ Free State	SM4km	9003315033089	839	14,49
12	Wikus	Vorster	Univ Free State	SM4km	7101105061088	768	15,06
13	Piet	SeSedinyana	FS Health Club	SM4km	900728	4370	15,28
14	Lindokuhle	Khanyile	Univ Free State	SM4km	9508175641086	720	16,18

15	Gilbert	Pongwana	Athletics FS	SM4km	8908195247081	4632	16,26
16	Flippie	Kotze	Univ Free State	SM4km	6901195009082	793	16,30
17	Busa	Tsotetsi	CUT	SM4km	9604215952086	1900	17,13
18	Tshepo	Thejane	FS Health Club	SM4km	9712145180081	3921	18,32
19	Mpho	Nkoala	Univ Free State	SM4km	9610040318088	735	18,32
20	Lukhanyo	Mngunyana	Our Fathers Home	SM4km		4483	22,08
21	Ivan	Langeveld	SANDF	SM4km	7612065144086	4556	22,09
22	Jan	Coetzee	Univ Free State	SM4km	6304175159086	834	22,13
23	Gideon	Slabbert	FS Health Club	SM4km	6812115111082	2097	23,57
24	Delarey	Bakkes	Univ Free State	SM4km	7207105018083	1868	25,31
<b>SENIOR WOMEN 10 km</b>							
1	Tyler	Beling	Univ Free State	SW10km	9908240019088	865	37,37
2	Anna	Moeketsi	ByGrace	SW10km	8509250543081	2434	39,06
3	Maryna	Kamfer	Univ Free State	SW10km	980513 BN06600	807	45,42
4	Allitta	Malebatso	ByGrace	SW10km	8510060487087	4519	54,05
5	Mizan	Viljoen	Univ Free State	SW10km	9904280050083	778	54,45
6	Sorita	Viljoen	Univ Free State	SW10km	6809220020083		54,45
<b>SENIOR WOMEN 4 km</b>							
1	Yolandi	Fourie	Bfn Achilles	SW4km	8603040015086	121	25,12
2	Kesa	Molotsane	Murray & Roberts	SW4km	9201080829083	828	34,44
<b>WOMEN 22 - 4 km</b>							
1	Kopano	Mancoe	Senakangwedi	W22-4km	9801066266083		14,02
2	Maude-Elaine	Le Roux	Univ Free State	W22-4km	9701220201085	797	14,40
3	Channah	Du Plessis	Univ Free State	W22-4km	9907200394085	856	16,13
4	Rethabile	Jabane	ByGrace	W22-4km	9712200577089	4518	16,41
5	Nadine	Kemp	ORANJE MS Sek	W22-4km	0102020130088	4209	17,03
6	Zanie	Labuschagne	Univ Free State	W22-4km	0002070263088	727	17,23
7	REFILOE PORTI	KARREEBOS	ESKOM A/C FREE ST	W22-4km	9707010723089	3120	17,06
8	Monique	Davidson	ORANJE MS Sek	W22-4km	0109060084083	4212	17,37
9	Jemima	Meyer	Univ Free State	W22-4km	9708050061083	858	18,00
10	Anke	Bronn	Sentraal Sek	W22-4km	0110220131087	3268	18,09
11	NTHABISENG	DICHABA	PETUNIA	W22-4km	0105140180081	4443	19,05
12	Sinovuyo	Busakwe	EUNICE HIGH SCHO	W22-4km	0112300189084	2589	19,20
13	Calista	Engelbrecht	Sentraal Sek	W22-4km	0109080078081	3267	19,24
14	Marla	Janse van Rensburg	Jim Fouche HS	W22-4km	0109130040081	3685	19,24
15	Thandi Confide	Ntsoeu	Nedbank Fast Legs R	W22-4km	0103151177088	2159	19,27
16	Elbe	Van Pletsen	ORANJE MS Sek	W22-4km	0105210066087	4211	20,15
17	Carli	Pretorius	Hoërskool Burgersd	W22-4km	010922 0060 080	3635	21,15
18	Mia	Pretorius	ORANJE MS Sek	W22-4km	0102010073082	3118	21,24
19	Bianca	vd Vyver	ORANJE MS Sek	W22-4km	0103230031082	4210	21,28
20	Hielde	Marais	Univ Free State	W22-4km	0008260087088	801	21,36
21	Heideli	Du Plessis	Univ Free State	W22-4km	9709120065088	758	21,46
22	Kiara	Rademan	ORANJE MS Sek	W22-4km	0106180303088	4074	21,56
23	Fifi	Molokane	ORANJE MS Sek	W22-4km	01082002850089	4214	22,27
24	Lizen	Pienaar	ORANJE MS Sek	W22-4km	0106140343083	4217	23,04
25	Onalema	Goliath	St Michael's	W22-4km	0102280229083	4528	25,45
26	Nicole	Hurst	St Michael's	W22-4km	0108160097081	4864	25,45
27	Angelique	McAslin	Jim Fouche HS	W22-4km	0012030142082	3687	26,11
28	Delarise	Bakkes	Univ Free State	W22-4km	007170061084	1884	27,50
29	Jaimie	Fisher	St Michael's	W22-4km	0105040121086	4865	31,05
<b>WOMEN 35 - 39</b>							
1	Angelique	Van der Merwe	Pentagon Pistols	W35-39	7906120073086	650	17,28

2	Carike	Swart	Univ Free State	W35-39	8202140005087	701	18,46
3	Marieta	Marx	Univ Free State	W35-39	8412040064080	845	22,13
4	Carla	Oosthuizen	Univ Free State	W35-39	8112150284086	1898	25,45
5	Nicola	Visser	Univ Free State	W35-39	8302070075082	1896	28,59
<b>WOMEN 40 - 44</b>							
1	Paulina	Njeya	Univ Free State	W40-45	7709041091082	898	15,44
2	Leana	Esterhuizen	Bloemfontein Stride	W40-45	7408190070084	1510	17,47
3	Lena	Van Rooyen	Univ Free State	W40-45	7710110033088	1899	19,47
4	Marina	Krause	Univ Free State	W40-45	7410220009082	880	19,47
5	Belinda	Putter	Univ Free State	W40-45	7610010053087	885	21,50
6	Michelle	Harrington	Univ Free State	W40-45	7509170028081		21,55
7	Wilma	Bakkes	Univ Free State	W40-45	7604060027085	1869	27,50
<b>WOMEN 45 - 49</b>							
1	Somarie	Holtzhausen	Pentagon Pistols	W45-49	7101020021084	673	19,17
2	Mercia	Pretorius	Transnet	W45-49	7109170270088	259	19,33
3	Jeanette	Maclachlan	Pentagon Pistols	W45-49	7002060071080	612	20,13
4	Carolise	Jacobs	Transnet	W45-49	7301230065083	251	21,27
5	Leobri	Bisschoff	Univ Free State	W45-49	7311220117083	872	21,51
6	Karlien	Van der Merwe	Bloemfontein Stride	W45-49	7404030007089		22,21
7	Liesl	Brönn	Pentagon Pistols	W45-49	6909070193087	2740	23,33
<b>WOMEN 50 - 54</b>							
1	Rozelle	Cloete	Univ Free State	W50-54	6805300038086	786	17,41