



1992-2019

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**BOARD MEMBERS**

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CC: Mr. Jakes Jacobs  
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SA Sports Trust

**MISSION**

To make a contribution towards Nation Building and Healing of our land, South Africa, and the Transformation of our Society, through the Development of Athletics, from Grassroots to the highest levels of Excellence

To	ASA Members
From	ASA Office
Date	12 March 2019
Subject	March update on ASA Fixtures
No pages	1

**ELECTRONIC TRANSMISSION**

**ASA CIRCULAR 26 OF 2019 - March update on ASA Fixtures**

Dear ASA Members

Please find attached the March 2019 update of the 2019 ASA Fixtures List.

1. Your attention is drawn to ASA Circular 6 which advises Members that ASA will monitor the results of the 2019 Provincial Youth and Junior Championships and the 2019 SASA High School Championships for selection of a preliminary team for the 2019 CAA African Youth and Junior Champs.
2. It is also important that results of Provincial Championships are forwarded to SAAS asap for ratification and capturing, to ensure that athletes are considered for the mentioned team. The ASA Top 10 Rankings are updated regularly and are available on the ASA website under Statistics/Top10 Rankings.
3. Your attention is also drawn to the ASA Grand Prix Meetings on 14 & 18 April 2019 in the built-up to the 2019 ASA Senior T&F + Combined Events Championships from 25 – 27 April 2019.
4. The three events will be held to assist athletes to qualify for the 2019 IAAF World Relay Championships and the 2019 IAAF World Senior Championships. More information on the preparation for the mentioned events will follow soon.

Athletics greetings

Richard Stander  
ASA ACEO

Not signed due to electronic sending

**Disclaimer**

**From the ASA Office e-mail: [ceo@athleticssa.net](mailto:ceo@athleticssa.net). For more information: ASA website [www.athletics.org.za](http://www.athletics.org.za)**  
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## 2019 ASA FIXTURES LIST – MARCH 2019 VERSION

Please note the latest updates on the ASA Fixtures are indicated in red.

**Key:** I-International; N National; P- Provincial; A- Associate; OR: Off-Road Running; RR: Road Running; T&F: Track and Field Running; RW: Race Walking

Athletics South Africa - Fixtures for 2019 - Annexure A							Contact number - e-mail
		Date	Day	Event	Venue	Organiser	
N	CC	Jan 19	Sat	ASA CROSS COUNTRY TRIALS	AGN	ASA Mehlo Hlabangane	082 990 9470 mehloh@athleticssa.co.za
N	T&F	18 Jan	Mon	Puma School of Speed	TBC	Agne du Plessis	082 517 4799 agne@stillwatersports.com
N	T&F	24 Jan	Thurs	Puma School of Speed	TBC	Agne du Plessis	082 517 4799 agne@stillwatersports.com
N	T&F	02 Feb	Sat	Puma School of Speed	TBC	Agne du Plessis	082 517 4799 agne@stillwatersports.com
N	RR	09 Feb	Sat	27 km for Freedom	Drakenstein	Top Events	021 511 7130
N	T&F	09 Feb	Sat	ASA Schools Series 1	TBC	ASA Mehlo Hlabangane	082 990 9470 mehloh@athleticssa.co.za
N	T&F	16 Feb	Sat	ASA Schools Series 2	TBC	ASA Mehlo Hlabangane	082 990 9470 mehloh@athleticssa.co.za
N	T&F	01-02 March	Fri-Sat	SASA Provincial Primary Schools Championships	9 Provinces	Peppi Olevano	082 550 7032 <a href="mailto:peppi@telkomsa.net">peppi@telkomsa.net</a>
A	T&F	01 March	Fri	USSA Athletics Series	Stellenbosch	Jazz Mnyengeza	072 262 9752 <a href="mailto:mnyengezamb@tut.ac.za">mnyengezamb@tut.ac.za</a>
N	T&f	02 March	Sat	ASA Schools Series 3	TBC	ASA Mehlo Hlabangane	082 990 9470 mehloh@athleticssa.co.za
N	T&F	08-09 March	Fri - Sat	SASA Provincial High Schools Championships	9 Provinces	Peppi Olevano	082 550 7032 <a href="mailto:peppi@telkomsa.net">peppi@telkomsa.net</a>
I	T&F	09 March	Sat	ASA Summer Series 1	T&F Commission to confirm- WPA ; CGA	ASA Mehlo Hlabangane	082 990 9470 mehloh@athleticssa.co.za

A	T&F	15 March	Fri	USSA Athletics Series	Potchefstroom	Jazz Myengeza	072 262 9752 mnyengezamb@tut.ac.za
N	T&F	14-16 March	Thurs-Sat	SASA National Primary Schools Championships	Gauteng	Peppi Olevano	082 550 7032 <a href="mailto:peppi@telkomsa.net">peppi@telkomsa.net</a>
I	T&F	16 March	Sat	ASA Summer Series 2	T&F Commission to confirm	ASA Mehlo Hlabangane	082 990 9470 <a href="mailto:mehloh@athleticssa.co.za">mehloh@athleticssa.co.za</a>
N	T&F	18-20 March	Mon-Wed	SAAPD National Athletics Championships	Stellenbosch, Coetzenburg Stadium	Lappies Swanepoel	073 793 2992 <a href="mailto:lappies.athletiek@gmail.com">lappies.athletiek@gmail.com</a>
A	T&F	22 March	Fri	USSA Athletics Series	Johannesburg	Jazz Mnyengeza	072 262 9752 mnyengezamb@tut.ac.za
I	T&F	23 March	Sat	ASA Summer Series 3	T&F Commission to confirm	ASA Mehlo Hlabangane	082 990 9470 <a href="mailto:mehloh@athleticssa.co.za">mehloh@athleticssa.co.za</a>
N	T&F	21-23 March	Thurs-Sat	SASA National High Schools Championships	Port Elizabeth	Peppi Olevano	082 550 7032 <a href="mailto:peppi@telkomsa.net">peppi@telkomsa.net</a>
N	TRAIL	23 March	Sat	SA Trail Championship 54km	Hout Bay	Altheus Schroeder	082 601 3533
N	T&F	28 - 30 March	Thurs-Sat	ASA U/18 (YOUTH) and U/20 (JUNIOR) T&F CHAMPIONSHIPS	Dal Josaphat Stadium , PAARL	ASA Mehlo Hlabangane	082 990 9470 <a href="mailto:mehloh@athleticssa.co.za">mehloh@athleticssa.co.za</a>
I	CC	30 March	Sat	IAAF WORLD CROSS COUNTRY CHAMPIONSHIPS	Aarhus; Denmark	Hezekiel Sepeng	072 687 3372 <a href="mailto:hezekiel@athleticssa.co.za">hezekiel@athleticssa.co.za</a>
N	T&F	04 – 06 April	Fri-Sat	USSA Track and Field Championships	Stellenbosch	Jazz Mnyengeza	072 262 9752 mnyengezamb@tut.ac.za
I	T&F	13 - 20 April		CAA AFRICAN U18 & U20 CHAMPIONSHIPS	Ivory Coast	Hezekiel Sepeng	072 687 3372 <a href="mailto:hezekiel@athleticssa.co.za">hezekiel@athleticssa.co.za</a>
I	T&F	13 April	Sat	Athletics Grand Prix Series 1	Bloemfontein	Hezekiel Sepeng	072 687 3372 <a href="mailto:hezekiel@athleticssa.co.za">hezekiel@athleticssa.co.za</a>
N	RR	13 April	Sat	Forever Loskop Marathon	Mpumalanga	Hein Kock	073 424 5984 <a href="mailto:heink@mrclean.co.za">heink@mrclean.co.za</a>
I	T&F	18 April	Thurs	Athletics Grand Prix Series 2	Potchefstroom	Hezekiel Sepeng	072 687 3372 <a href="mailto:hezekiel@athleticssa.co.za">hezekiel@athleticssa.co.za</a>
N	RR	20 April	Sat	Two Oceans Ultra Marathon 56km (AIMS)	Cape Town	Debra Barnes Sue Forge	083 456 6720 <a href="mailto:debra@twooceansmarathon.org.za">debra@twooceansmarathon.org.za</a> 083 456 1015 <a href="mailto:sueF@twooceansmarathon.org.za">sueF@twooceansmarathon.org.za</a>

N	T&F	25-27 April	Thurs-Sat	ASA SENIOR T&F + COMBINED EVENTS CHAMPIONSHIPS	Germiston Stadium , EKURHULENI	ASA Mehlo Hlabangane	082 990 9470 mehloh@athleticssa.co.za
A	T&F	2 – 4 May	Thur-Sat	SA Masters Open Championship	De Jager Stadium Oudtshoorn	Chris van Wyk	082 478 8810 swdmeestersatletiek@gmail.com
I	T&F	4 May	Sat	ASA ELITE COMPETITION	T&F Commission to Confirm	ASA Mehlo Hlabangane	082 990 9470 mehloh@athleticssa.co.za
I	T&F	6-8 May	Mon-Wed	COSSASA Championships	TBA	Peppi Olevano	082 550 7032 peppi@telkomsa.net
I	T&F	11-12 May	Fri	IAAF WORLD RELAYS	Yokohama , JAPAN	Hezekiel Sepeng	072 687 3372 hezekiel@athleticssa.co.za
I	T&F	10-11 May	Fri-Sat	CAA SR Youth & Junior Championships	Boksburg Stadium	Hezekiel Sepeng	072 687 3372 hezekiel@athleticssa.co.za
I	T&F	13 -19 May		ISF High Schools Championships	Croatia	Peppi Olevano	082 550 7032 peppi@telkomsa.net
I	RR	19 May	Sun	FNB Cape Town 12 ONE RUN (IAAF Bronze Status)	Cape Town	Agne Du Plessis	082 517 4799 agne@stillwatersports.com
N	Dev	18-19 May	Sat – Sun	ASA National Technical Symposium	TBC	ASA Mehlo Hlabangane	082 990 9470 mehloh@athleticssa.co.za
I	RR	09 June	Sun	Comrades Marathon (AIMS)	Durban	Rowyn James	079 501 0061 rowyn@comrades.com
N	DEV	22 June	Sat	ASA ANNUAL GENERAL MEETING	Garden Court Airport	Durell Jejane	076 9090 514 durellj@athletics.co.za
A	T&F	3- 14 July		FISU World Students Games	Naples , Italy	Jazz Mnyengeza	072 262 9752 mnyengezamb@tut.ac.za
N	CC	6 July	Sat	ASA Cross Country Grand Prix 1	POTCHEFSTROOM	ASA Mehlo Hlabangane	082 990 9470 mehloh@athleticssa.co.za
N	CC	13 July	Sat	ASA Cross Country Grand Prix 2	GAUTENG NORTH	ASA Mehlo Hlabangane	082 990 9470 mehloh@athleticssa.co.za
N	RR	27 July	Sat	ASA HALF MARATHON CHAMPIONSHIPS Incorporating CAA SR REGION CHAMPIONSHIPS	Port Elizabeth	Irene van Eeden	irene@ep.co.za
N	CC	3 August	Sat	ASA Cross Country Grand Prix 3	PORT ELIZABETH	ASA Mehlo Hlabangane	082 990 9470 mehloh@athleticssa.co.za
N	CC	24 August	Sat	ASA Cross Country Grand Prix 4	CENTRAL GAUTENG	ASA Mehlo Hlabangane	082 990 9470 mehloh@athleticssa.co.za
N	RR	25 August	Sun	Mandela Marathon	Pietermaritzburg	Dees Govender	031 312 9374 dees@kznathletics.co.za
N	CC	07 Sept	Sat	ASA NATIONAL CROSS COUNTRY CHAMPIONSHIPS	AGN	ASA Mehlo	082 990 9470

						Hlabangane	<a href="mailto:mehloh@athleticssa.co.za">mehloh@athleticssa.co.za</a>
A	CC	13-14 Sept	Thurs-Fri	USSA Cross Country Championships	Mafikeng North West University	Jazz Mnyengeza	072 262 9752 <a href="mailto:mnyengezammb@tut.ac.za">mnyengezammb@tut.ac.za</a>
N	RR	15 Sept	Sun	ASA MARATHON CHAMPIONSHIPS as part of Sanlam Cape Town City Marathon (IAAF Gold Label) AIMS	Cape Town	Janet Welham	083 270 9601 <a href="mailto:janet@saige.co.za">janet@saige.co.za</a>
A	CC	14-15 Sept	Fri-Sat	SASA Provincial Primary & High Schools Cross Country Champs	9 Provinces	Peppi Olevano	082 550 7032 <a href="mailto:peppi@telkomsa.net">peppi@telkomsa.net</a>
A	CC	20-21 Sept	Fri-Sat	SASA National Primary & High Schools Cross Country Champs	Limpopo	Peppi Olevano	082 550 7032 <a href="mailto:peppi@telkomsa.net">peppi@telkomsa.net</a>
I	T&F	28 Sep – 6 Oct		IAAF WORLD CHAMPIONSHIPS	Doha; Qatar	Hezekiel Sepeng	072 687 3372 <a href="mailto:hezekiel@athleticssa.co.za">hezekiel@athleticssa.co.za</a>
N	Dev.	28-29 Sep	Sat-Sun	National Coaches Symposium	TBC	ASA Mehlo Hlabangane	082 990 9470 <a href="mailto:mehloh@athleticssa.co.za">mehloh@athleticssa.co.za</a>
N	RR	28 Sept	Sat	ASA NATIONAL 10KM CHAMPIONSHIPS	Middleburg	Paul Bester	082 966 7767 <a href="mailto:pmbester@eskom.co.za">pmbester@eskom.co.za</a>
N	DEV	12 Oct	Sat	ASA NATIONAL GENERAL MEETING	Garden Court Airport	Durell Jejane	076 9090 514 <a href="mailto:durellj@athletics.co.za">durellj@athletics.co.za</a>
I	T&F	14 - 31 Oct		ALL AFRICA GAMES	Casablanca, Morocco	Hezekiel Sepeng	072 687 3372 <a href="mailto:hezekiel@athleticssa.co.za">hezekiel@athleticssa.co.za</a>
N	T&F	19 Oct	Sat	SA 50km CHAMPS and 20km Inter- Provincial	WPA	TBC	TBC
N	Dev	26 Oct	Sat	ASA National Admin Workshop	Garden Court Airport	Durell Jejane	076 9090 514 <a href="mailto:durellj@athletics.co.za">durellj@athletics.co.za</a>
N	RR	3 Nov	Sun	Old Mutual Soweto Marathon	Soweto	Danny Blumberg	082 337 1789
N	Dev	08 Nov	Fri	ASA Athletes Representative's Workshop	Garden Court Airport	Hezekiel Sepeng	072 687 3372 <a href="mailto:hezekiel@athleticssa.co.za">hezekiel@athleticssa.co.za</a>
N	Dev	09 November	Sat	ASA National Excellence Workshop	Garden Court Airport	Hezekiel Sepeng	072 687 3372 <a href="mailto:hezekiel@athleticssa.co.za">hezekiel@athleticssa.co.za</a>

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Athletics South Africa - Fixtures for 2020 - Annexure A							Contact number - e-mail
		Date 2020	Day	Event	Venue	Organiser	
N	RR	11 April	Sat	Old Mutual Two Oceans Ultra Marathon 56km (AIMS)	Cape Town	Debra Barnes Sue Forge	083 456 6720 <a href="mailto:debra@twooceansmarathon.org.za">debra@twooceansmarathon.org.za</a> 083 456 1015 <a href="mailto:sueF@twooceansmarathon.org.za">sueF@twooceansmarathon.org.za</a>
A	T&F	16-18 April		USSA Track and Field Champs	Bloemfontein University of Free State	Jazz Mnyengeza	072 262 9752 <a href="mailto:mnyengezamb@tut.ac.za">mnyengezamb@tut.ac.za</a>
I	RR	14 June	Sun	Comrades Marathon (AIMS)	Pietermaritzburg	Rowyn James	079 501 0061 <a href="mailto:rowyn@comrades.com">rowyn@comrades.com</a>
I	T&F	Jul 24 - Aug 9		2020 Olympic Games	Tokyo; Japan	Hezekiel Sepeng	072 687 3372 <a href="mailto:hezekiel@athleticssa.co.za">hezekiel@athleticssa.co.za</a>
N	CC	SEPT		ASA NATIONAL CROSS COUNTRY CHAMPS	CC Commission to confirm - BORA	Mehlo Hlabangane	082 990 9470 <a href="mailto:mehloh@athleticssa.co.za">mehloh@athleticssa.co.za</a>
A	CC	18-19 Sept		USSA Cross Country Champs	George – Mandela University	Jazz Mnyengeza	072 262 9752 <a href="mailto:mnyengezamb@tut.ac.za">mnyengezamb@tut.ac.za</a>

